

What to Expect after Getting a COVID-19 Vaccine

Tuscarawas County Health Department

COVID-19 vaccination will help protect you from getting COVID-19. You may have side effects, which are normal signs that your body is building protection.

Use your smartphone to tell the CDC about any side effects after getting the vaccine. You will also get reminders about your second dose.

Sign up for v-safe at:
www.cdc.gov/vsafe

Johnson & Johnson COVID-19 Vaccine

Contact Us:
(330)343-5555 x106
Email: eoc@tchdnow.org
www.tchdnow.org



Public Health
Prevent. Promote. Protect.

Tuscarawas County Health Department

Common Side Effects

- Pain and/or swelling at site of injection
- Fever
- Chills
- Muscle Aches
- Tiredness
- Headache

Helpful Hints:

If you have pain or discomfort, talk to your doctor about taking an over-the-counter pain medicine, such as ibuprofen or acetaminophen.

- Apply a clean, cool, wet washcloth over the area
- Use or exercise your arm
- Drink plenty of fluids

Source: CDC

Remember:

- It takes time for your body to build protection after any vaccine.
- You should continue to wear your facial covering, wash your hands often and practice social distancing.

Important Reminder

This is a 1 dose vaccine.

No return appointment necessary.

Tip: Take a picture of your CDC vaccination card with your phone for your own records