

BUREAU OF PREVENTION SERVICES

# MONTHLY BOARD OF HEALTH REPORT

for the month of November 2023



**Public Health**  
Prevent. Promote. Protect.

**Tuscarawas County  
Health Department**



### Seasonal Tips to Prevent Fall

Clear leaves, branches, and other tree debris from walkways to prevent slips and tripping hazards.

Install more outdoor lighting- shorter days mean less sunlight, meaning you may need more light to get around your home safely.

As the temperature drops, bundle up to stay warm, but make sure you can still move easily with your layers.

Keep shoes and walking aids (canes, walkers) free of dirt and mud. Dry them off immediately upon coming in from wet conditions. Remember, wet shoes are just as dangerous as wet floors.

Source: Ohio Department of Aging



### Safety Tips

A holiday food safety "To-Do" list for cooking and traveling.

<b>CLEAN</b> Clean your hands in soapy water for 20 seconds. Always serve food on clean plates, avoiding reuse of plate that held raw meat/poultry.	<b>SEPARATE</b> Separate raw and uncooked foods so cross contamination does not occur.
<b>COOK</b> Cook using a food thermometer to make sure food reaches a safe minimum internal temperature.	<b>CHILL</b> Chill leftovers within 2 hours of cooking. Keep track of how long items have been sitting out and discard anything that has been out longer than 2 hours.

### Coats in Car Seats: What's Best for Kids?

**Puffy Material** = Loose-Fitting Harness  
**Thin** = Good

### WHAT IS DIABETES?

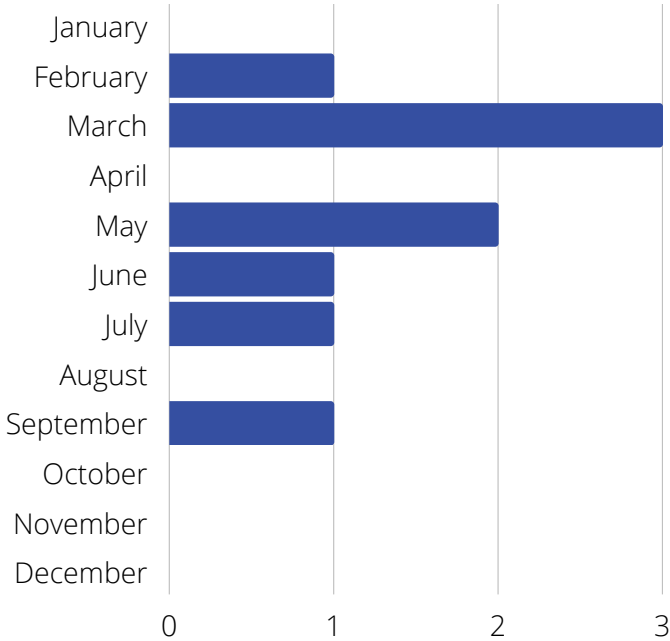
**Step 1** Once known as juvenile diabetes or insulin-dependent diabetes, T1D is a chronic condition in which the pancreas produces little or no insulin. Usually appears during childhood but can develop at any age.

**Step 2** Body resists the effects of insulin or does not produce enough insulin to maintain normal glucose levels. More children are being diagnosed with T2D, most likely due to the rise in childhood obesity.

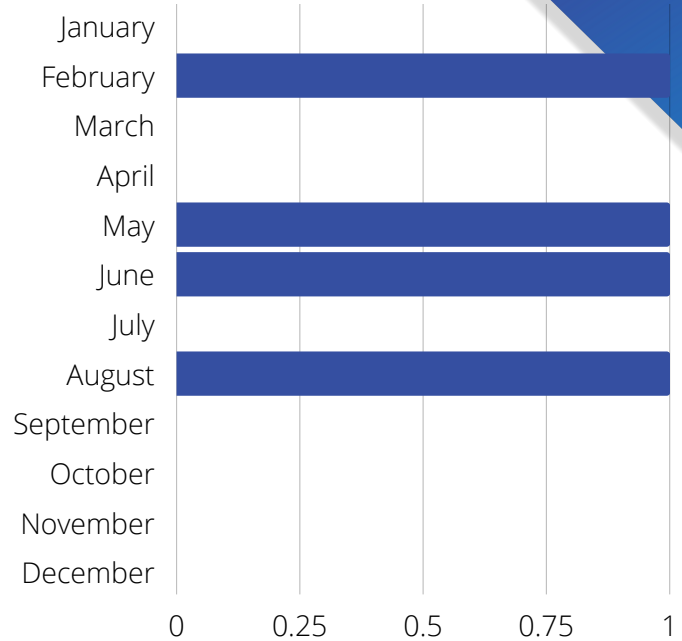
**Step 3** Diagnosed in a woman during pregnancy, gestational diabetes is a form of diabetes that only occurs during pregnancy.

# PERFORMANCE INDICATORS

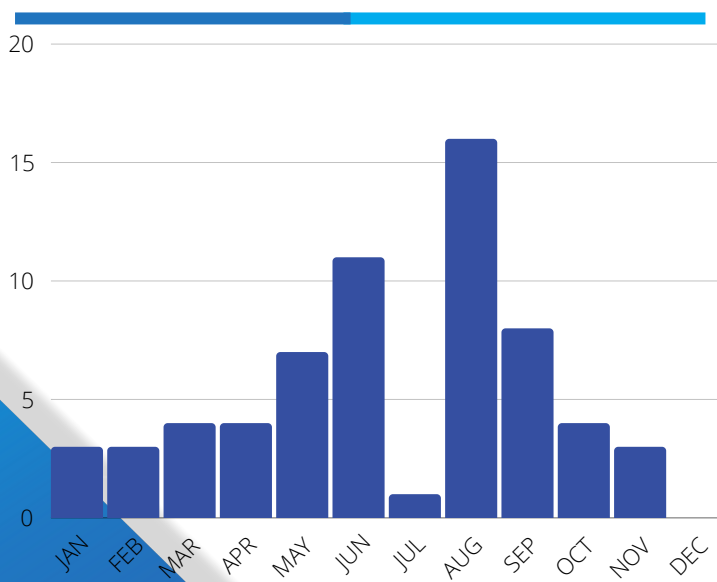
## RFPS



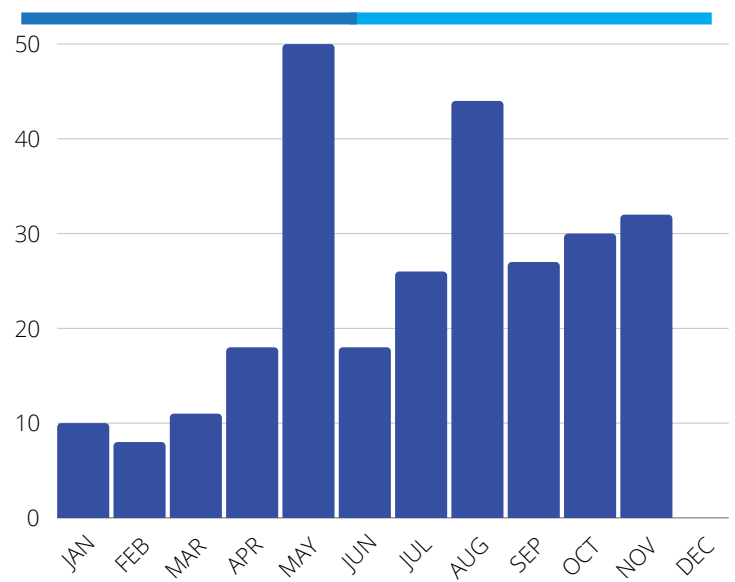
## CARSEAT CLASSES



## COMMUNITY EVENTS



## FAMILIES SERVED



# ACCREDITATION

- Emma has been heavily working on accreditation documents for reaccreditation. This allows Natasha to just quickly review the documents that Emma has completed.
- On 11/16, Emma attended a Reaccreditation-Docuement Intensive training hosted by PHAB.
- Emma attended an Orientation for Ohio Accreditation Coordinators webinar on 11/30.

# CARSEATS

- Abbie distributed 6 convertibles and 3 high back boosters in November.
- Abbie completed one car seat check at TCHD in November.
  - Misuse rate was at 100%.

# CRIBS FOR KIDS

- Abigale and Abbie provided safe sleep education and cribettes to seven families throughout the month of October.
- TCHD received 10 cribettes in September from ODH and Stark County Health Department.

# DIAPER BANK

- In November, 13 new families were served from the diapers from the Heart of Ohio Diaper Bank. 20 families returned from previous months to receive services.
- In November, 1,798 items from the diaper bank were provided. This includes diapers, pull-ups, wipes, and period packs.

# EMERGENCY PREPAREDNESS

- Emma attended ICS-400 course that took place at the Stark County EMA on 11/1 and 11/2.
- Natasha and Emma attended the weekly ODH Epi calls throughout the month of November.
- Received Board approval on many PHEP plans updates that had been done throughout the year during the November meeting.
- Emma attended a PHEP 101 Training series that took place on 11/13.
- On 11/30 Emma virtually attended the monthly PHEP meeting with the NECO region.

## EVENTS

- 11/4- Reading Festival at New Towne Mall
- 11/14- Story Time at New Philadelphia Library
- 11/21- Holiday Market at New Towne Mall

## GENERAL HEALTH EDUCATION

- Shannon Fox started on November 27 as the newest Public Health Educator II who will be focusing on the tobacco use prevention and cessation grant.
- Natasha, Angie, and Alexa completed seven interviews for the Epidemiologist position.
  - The intent is to have one hired to start off 2024.

# INJURY PREVENTION - CHILD

- Abigale facilitated the first Occupant Protection Subcommittee meeting on 12/5 in coordination with Promedica.
- Abigale secured two new partnership agreements, one with Strasburg (signed 11/28) to complete the Safe Routes to School Curriculum and the second with the Tuscarawas County Department of Job and Family Services to complete a parenting course in coordination with JFS.
- Abigale also secured a partnership agreement with Claymont to successfully complete the Graduated Driver Licensing (GDL) program required through the grant.

# INJURY PREVENTION - ADULT FALLS

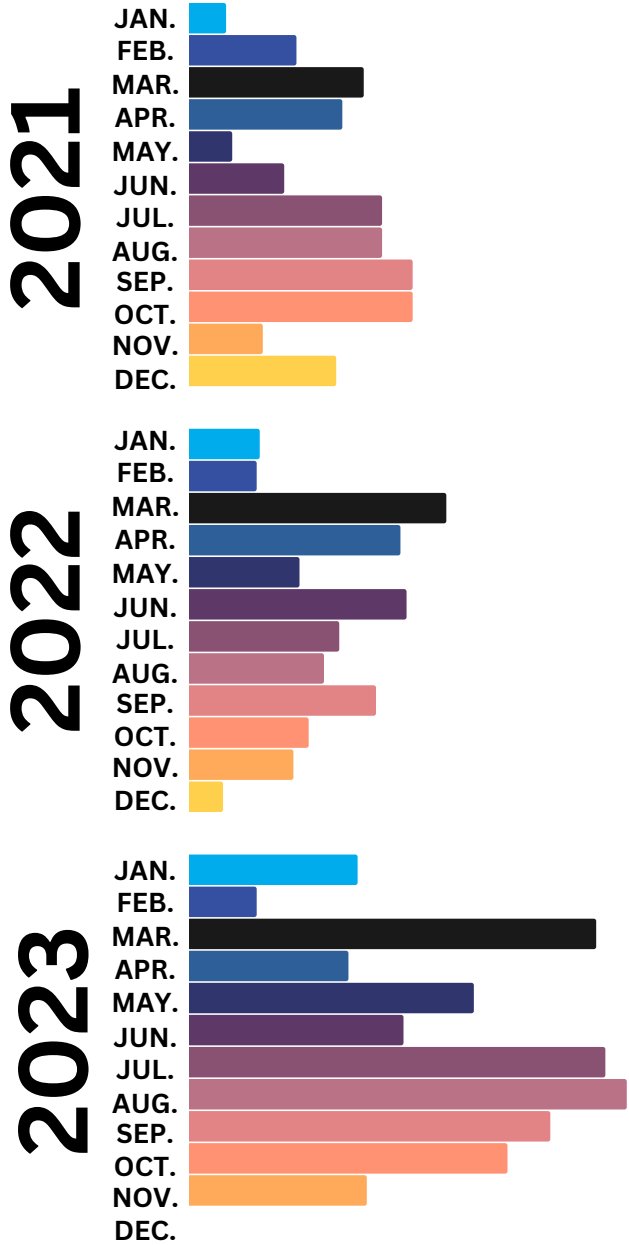
- Emma and Lakyn facilitated Bingocize sessions at the Tuscarawas County Senior Center on Tuesdays and Thursdays.
- A letter of commitment was signed from the Tuscarawas County Sheriff's Office to provide data on 911 calls related to falls in Tuscarawas County.
- TCHD started receiving 911 falls call data in November.
- Abbie and Katelyn had a meeting with Peggy from Harcatusc's RSVP program about a potential partnership for falls grant initiatives.
- Katelyn and Natasha had a meeting with the Area Agency on Aging about them joining the coalition and providing support for grant initiatives.

# PROJECT DAWN

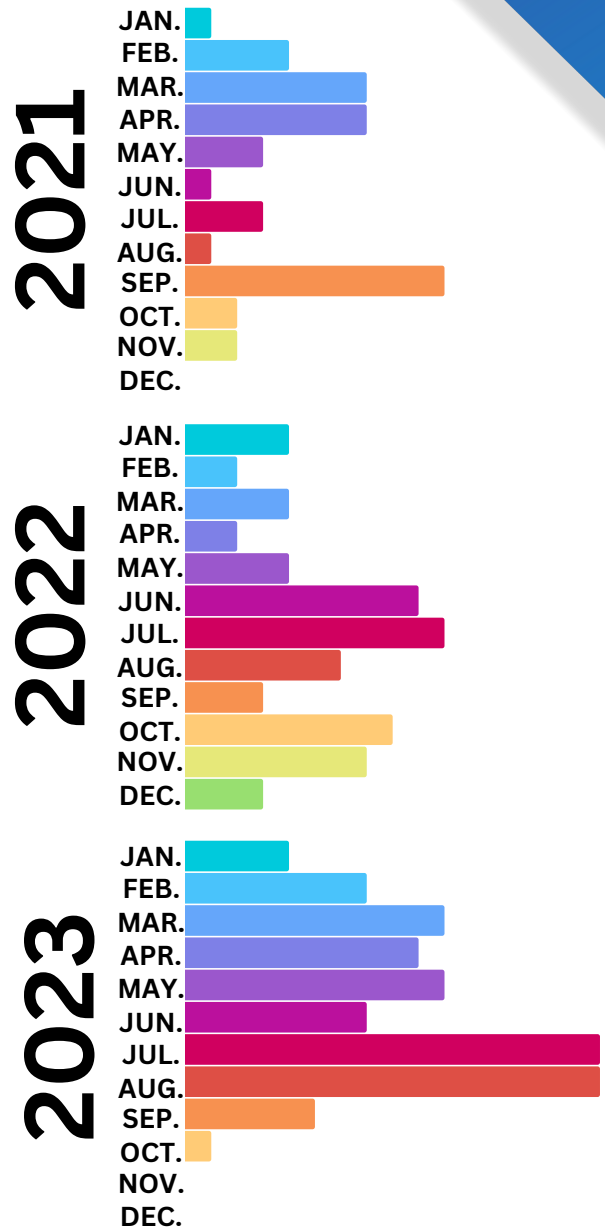
- During November 2023, TCHD distributed 58 Naloxone kits, trained 57 individuals, and had 0 known reversals.
- Lakyn facilitated a naloxone training for The Bluffs on November 13th.
- Lakyn facilitated a naloxone training for the Ross School of Nursing students on November 20th.
- Lakyn facilitated naloxone distribution to interested community members at the New Towne Mall Holiday Market.
- There were 6 first responder naloxone kits distributed to the Cleveland Clinic Union Police Department.

# PROJECT DAWN CONTINUED

## Kits Distributed



## Known Reversals



## SAFE BEGINNINGS

- Abigale and Abbie provided education and served 11 clients Safe Beginnings equipment in November totaling \$2,866.81. Items included: cribs, mattresses, baby video monitors, baby gates, child proofing kits, fire extinguishers, and more.
- On November 14th, Abbie attended story time at the New Philadelphia Library to speak about the Safe Beginnings programming and the importance of child proofing.

# TOBACCO

- Katelyn attended ODH's webinar on the new requirements for tobacco-free schools in 2024. This information and webinar were distributed to all school districts in Tuscarawas County by the ESC.
- Katelyn trained Youth 2 Youth groups at Claymont, Strasburg, and Tuscarawas Central Catholic High Schools on the Anti-Vaping Video Contest.
- Katelyn and Lakyn hosted the Empower Tusc Tobacco & Vaping Committee Meeting. They completed the review of the strategic plan with members.
- Tobacco Retailer Compliance Checks are being planned with help from the Tuscarawas County Sheriff's Office

# TRAFFIC SAFETY

- In November, there were a total of 247 accidents.
- In November, the most crashes occur during the 6-6:59am hour and the most crashes occur on Thursdays.
- As of November 30th, there have been two (2) fatal crashes in Tuscarawas County in 2023.
- The image below illustrates all crashes in November 2023 in Tuscarawas County.

