

BUREAU OF PREVENTION SERVICES

MONTHLY BOARD OF HEALTH REPORT

for the month of March 2023



Public Health
Prevent. Promote. Protect.

**Tuscarawas County
Health Department**



March 2023

Public Health
Tuscarawas County Health Department

Daily Recommendations*

- Fruits:** Both men and women should consume between 1.5 - 2.5 cups of fruit per day.
- Vegetables:** Men should consume between 3-4 cups per day. While women should consume between 2-3 cups per day.
- Grains:** Men should consume between 6-10 oz in total grains and women should consume between 5-8 oz per day in total grains.
- Protein:** Women should get between 5-6.5 oz daily and men should consume 5.5-7oz daily.
- Dairy:** Both men and women should consume up to 3 cups of dairy every day.

*For more information on daily recommendations visit <https://www.myplate.gov/eat-healthy/what-is-myplate> to view recommendations based on age and gender.



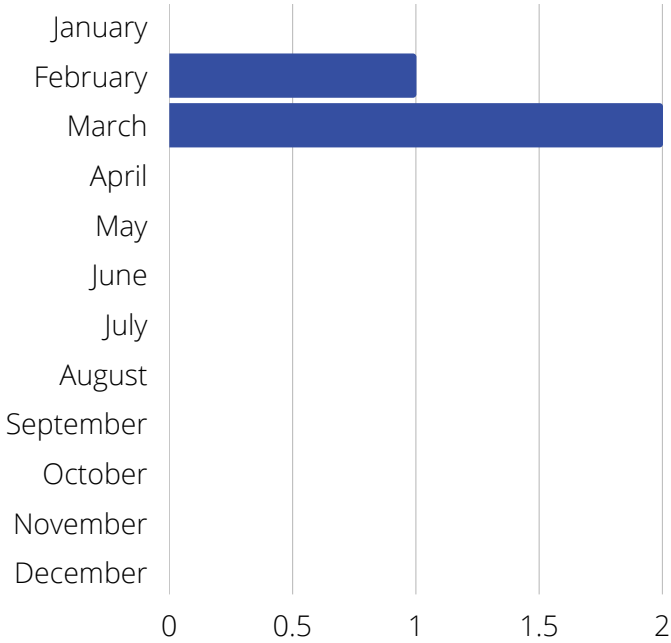
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**MY LIFE
MY OWN**

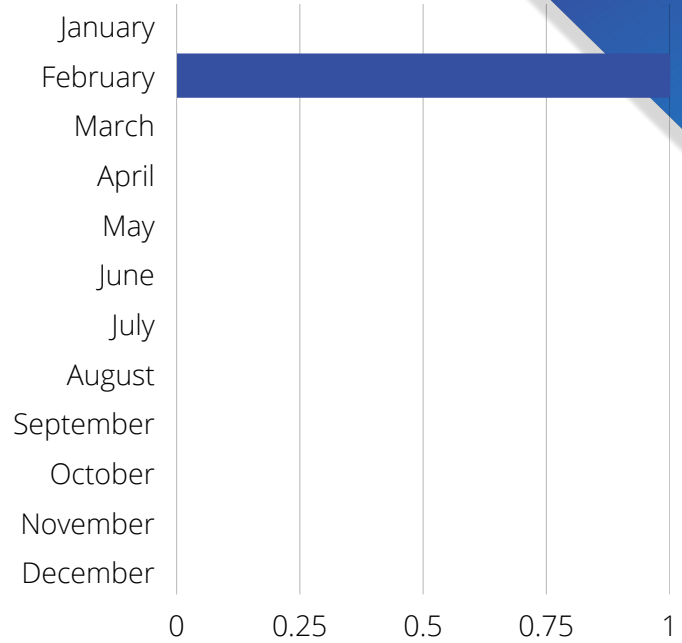


PERFORMANCE INDICATORS

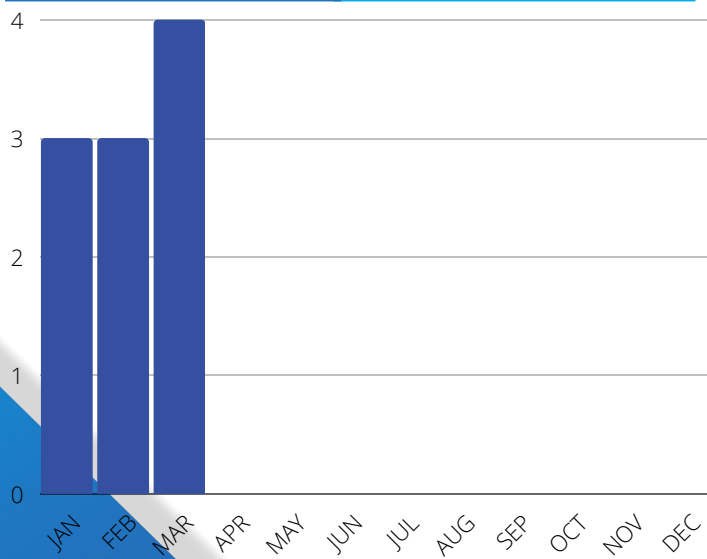
RFPS



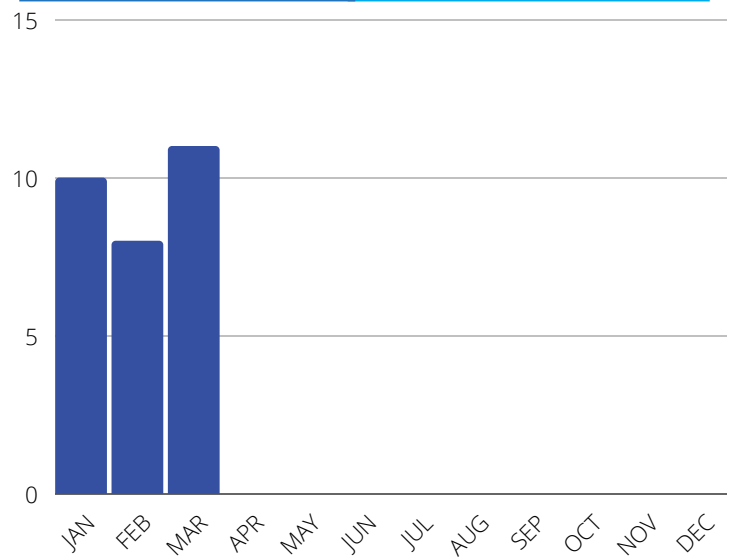
CARSEAT CLASSES



COMMUNITY EVENTS



FAMILIES SERVED



CARSEATS

- Abigale and Abbie distributed 8 convertibles and 3 high back boosters seats in March.
- TCHD received a transfer of 10 convertibles seats from Stark County.
- Abigale and Abbie were both approved as technician proxies. This allows them to check off each other and other CPSTs required car seat checks. This is a huge benefit to TCHD!

CRIBS FOR KIDS

- Abigale and Abbie provided safe sleep education and distributed seven (7) cribettes to families. They contacted five (5) families served in February to check up on their infants safe sleep habits and offer continuing education.
- Abigale updated the safe sleep education resources according to the American Academy of Pediatrics.
- Health Ed began utilizing and collecting certificates of families who completed the Safe Sleep Ambassador training online to receive cribettes.

EMERGENCY PREPAREDNESS

- Natasha, Abigale, and Emma attended the required quarterly ODH Epi virtual call on 3/9/23.
- Natasha attended the NECO PHEP Quarterly Meeting in-person on 3/23/23.
- PHEP Deliverables 7.2 (Deployment Measures) and 12.1 (CIP Workbook) were approved on 3/3/23. Deliverable 6.3 (Quarterly Epi Call) was submitted on 3/13/23 and approved on 3/17/23. Deliverables 11.1 (AAR/IP) and 8.2 (AAR/IP Activity Report) were submitted on 3/20/23.
- Abigale completed the first draft of the Radiological Incident Response Annex for both Tuscarawas County and Carroll County.
- Abigale, Emma, and Natasha continued to provide TA to Carroll County.

EVENTS

- 3/10: Claymont Local Schools Professional Development Day
- 3/17: Loud Krazy Love: Brian Welch
- 3/21: Youth Mental Health Night
- 3/22: Take Down Tobacco Day Proclamation with Tuscarawas County Commissioners

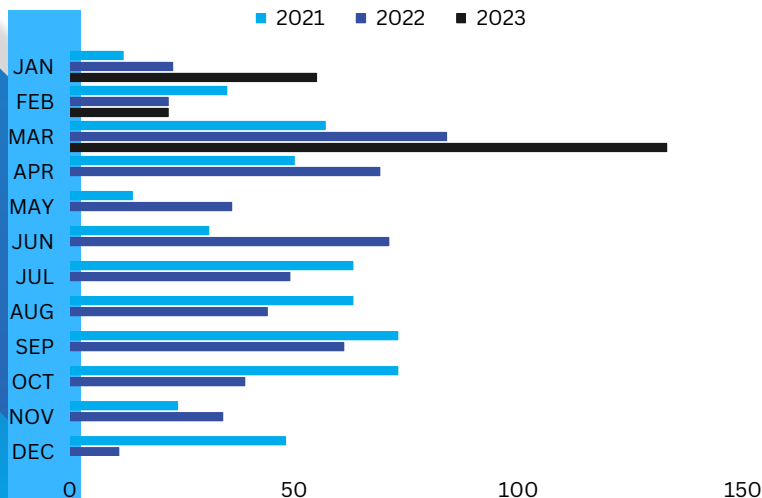
GENERAL HEALTH EDUCATION

- Natasha, Lakyn, and Emma attended the Shared Practical Vision Session for the SPACECAT grant on 3/21/23. The session included involvement from several community partners including Empower Tusc, Bridges to Wellness, Cleveland Clinic Union Hospital, Access Tusc, and Springvale Health Centers.

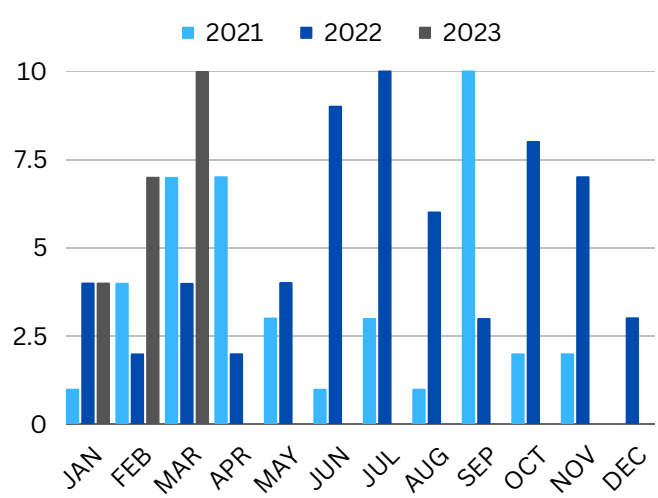
PROJECT DAWN

- During March 2023, TCHD distributed 133 Naloxone kits, trained 115 people, and had 10 known reversals.
- TCHD was awarded the Integrated Harm Reduction grant March 30th.
- Lakyn completed Narcan trainings with Tuscarawas County JFS and Ross School of Nursing students.
- Natasha and Emma attended an event at Legacy Church to distribute Narcan to event attendees.
- Lakyn attended the Addiction Task Force meeting on March 23rd held at the New Philadelphia Fire Department.

Kits Distributed



Known Reversals



SAFE BEGINNINGS

Abigale and Abbie provided the following equipment totaling \$1,184.60;

- Convertible cribs and mattresses(2)
- Furniture anchors (3)
- Safety gates (4)
- Baby monitors (7)
- Safety kits (6)
- Temporal thermometer (1)

This equipment was distributed to eight (8) TANF eligible families who also received safety-specific education in both verbal and in-person settings.

SAFE COMMUNITIES

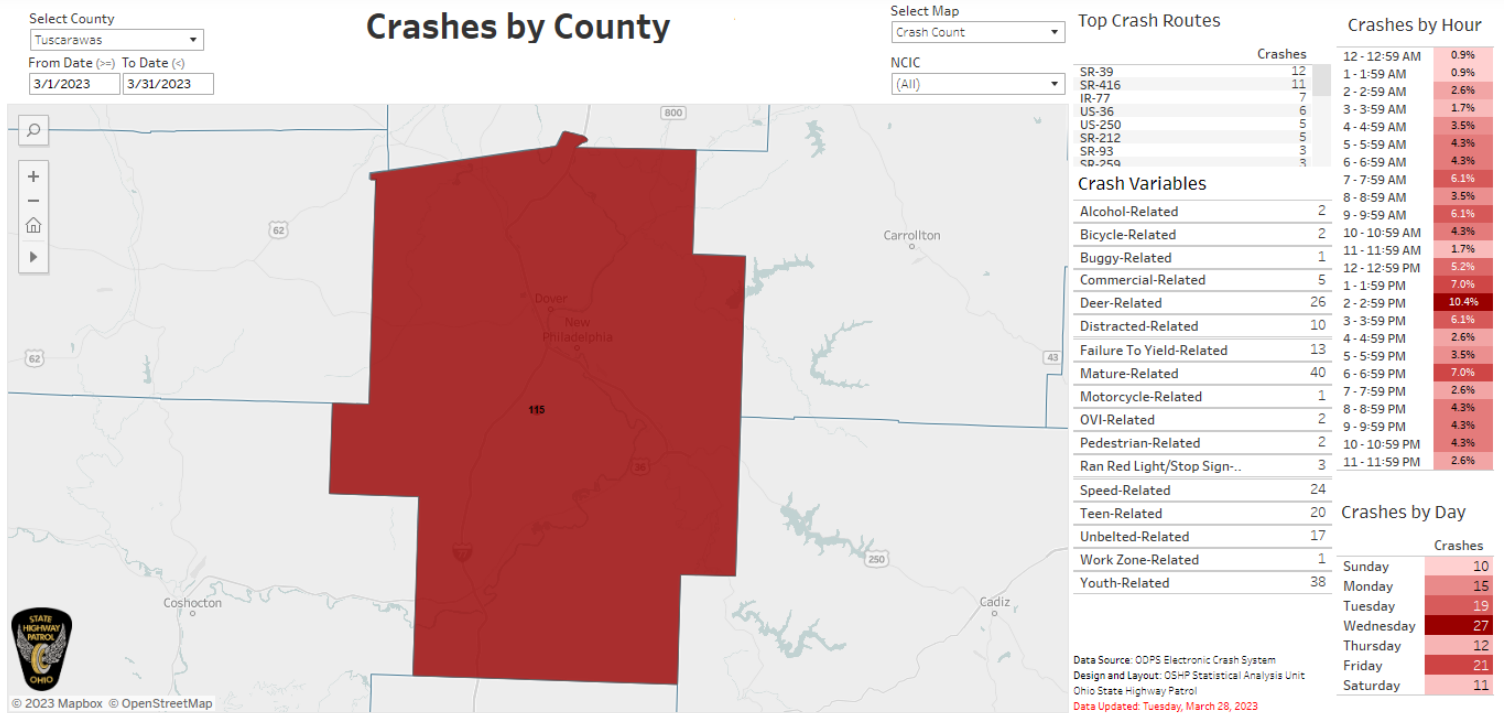
- 40 *Click It or Ticket, Drive Sober or Get Pulled Over, Stay Alive Don't Text & Drive, and Look Out For Motorcycle* magnets were distributed in March.
- On March 10th, Abbie had a radio interview with WTUZ to discuss safe driving tips for St. Patrick's Day.
- In March Safe Communities was able to reach 210,265 people through social media posts, signs, flyers, magnets, wtc.

TOBACCO

- On March 1st, Katelyn and Lakyn presented to Claymont Local Schools staff on vaping at their professional development day.
- On March 3rd, Lakyn trained Angela Simmerman's pediatric office in the Ask, Counsel, Treat (ACT) model for talking with youth about nicotine use.
- On March 10th, Katelyn and Lakyn presented to all Claymont High School staff on vaping at their professional development day.
- On March 14th, Katelyn and Abigale held the Empower Tusc Tobacco and Vaping Committee meeting. The group work on a survey for the schools on vaping and brainstormed what a TRL would look like in Tuscarawas County.
- On March 22nd, Katelyn and Lakyn presented to the Tuscarawas County Commissioners and March 31st was proclaimed Take Down Tobacco Day in Tuscarawas County.
- Newcomerstown High School Teen Leadership held "Dude...Save Your Lungs!" week on March 27-31 and held an assembly on Thursday March 30th.

TRAFFIC SAFETY

- The image below illustrates all crashes in March 2023 in Tuscarawas County.
- In March, there were a total of 115 accidents.
- As of March 31st, there have been one (1) fatal crashes in Tuscarawas County in 2023.



Crashes by Month and Year

Year	March	Total
2023	115	115
Grand Total	115	115

Crashes by Severity and Year

Severity	2023
Serious Injury Suspected	1
Minor Injury Suspected	10
Injury Possible	8
Property Damage Only	96
Total	115