

BUREAU OF PREVENTION SERVICES

# MONTHLY BOARD OF HEALTH REPORT

for the month of March 2024



**Public Health**  
Prevent. Promote. Protect.

Tuscarawas County  
Health Department



### SAFE SLEEP FOR INFANTS

69% of accidental infant deaths occur while the baby is sleeping in a bed with an adult.

**Suggestions on how you can prevent accidental deaths:**

1. Make sure baby's crib is completely empty. The only thing in baby's crib is a firm mattress covered by a tight fitted sheet.
2. It is recommended that you babies never share a crib with a sibling.
3. If your baby falls asleep in your arms, transfer him or her to the crib once they are fully awake.

Call 330-343-5555 x1530 or email h...



### WHAT IS NALOXONE?

- Naloxone (Narcan) is a medication that can reverse an overdose and block the effects of opioids.
- If you give naloxone to someone who is not experiencing an opioid overdose, it will not harm them.
- Naloxone is very safe and cannot be abused.

**PROJECT DAWN**

### Tuscarawas County Health Department

## Popping Up

Thursday, March 14th, 4:30-7pm  
At Tuscarawas County YMCA  
600 Monroe St., Dover.

**STOP BY TO LEARN ABOUT OUR FREE SERVICES.**

- ✓ Programs for families
- ✓ Free cribettes\*
- ✓ Nicotine quit resources
- ✓ Naloxone (Narcan) kits

## FREE CAR SEAT SAFETY CHECK!

The Dover Fire Department is hosting a FREE car seat checkup event!

If you have a child who rides in your car, a Nationally Certified Child Passenger Safety Technician can help make sure your child's car seat is the right seat for them and that it's installed properly.

Limited number of free convertible and booster seats will be available for eligible families whose car seats are expired or otherwise unsafe. Primary caregiver must be present to receive booster seat.

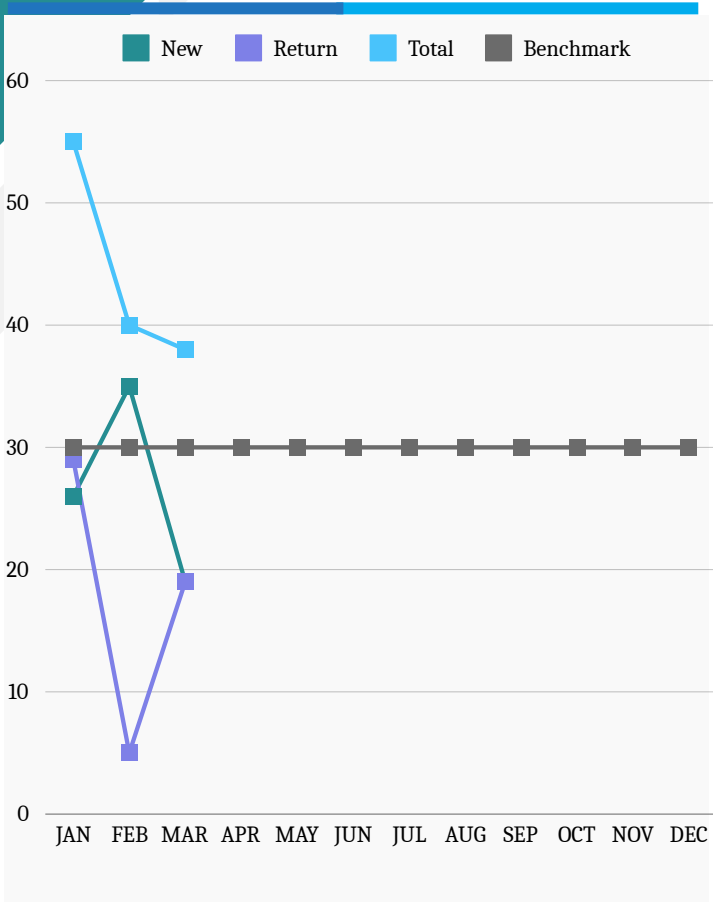
**Wednesday 03.20.2024**  
4:30 PM - 6:30 PM  
(Rain or Shine)

200 DUBLIN DRIVE  
DOVER, OH 44602

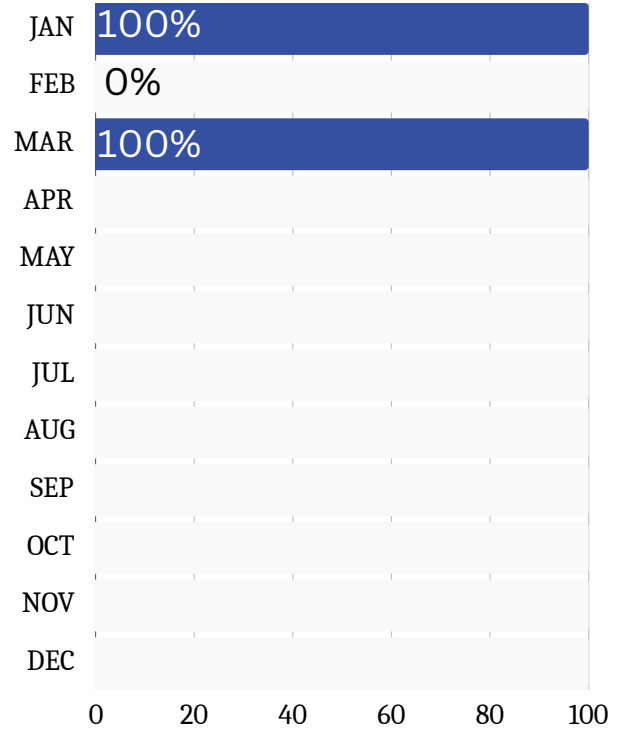
# PERFORMANCE INDICATORS

*& Data Tracking*

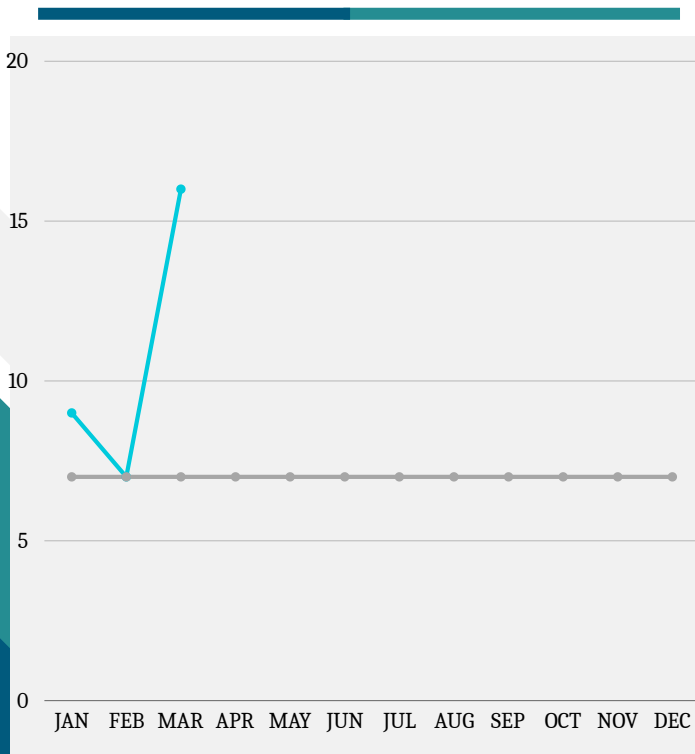
## FAMILIES SERVED



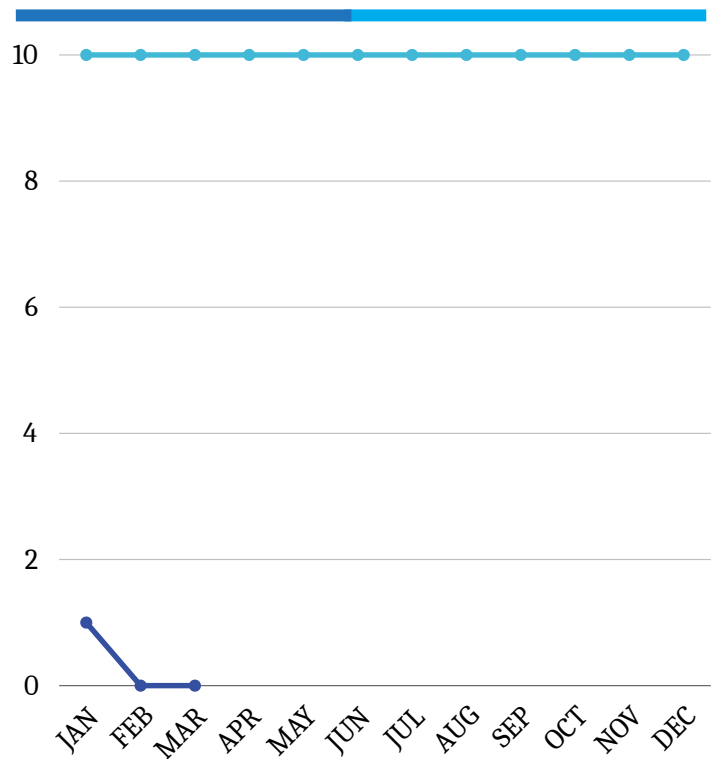
## CARSEAT CORRECT USE RATE



## COMMUNITY ENGAGEMENT BY TCHD STAFF



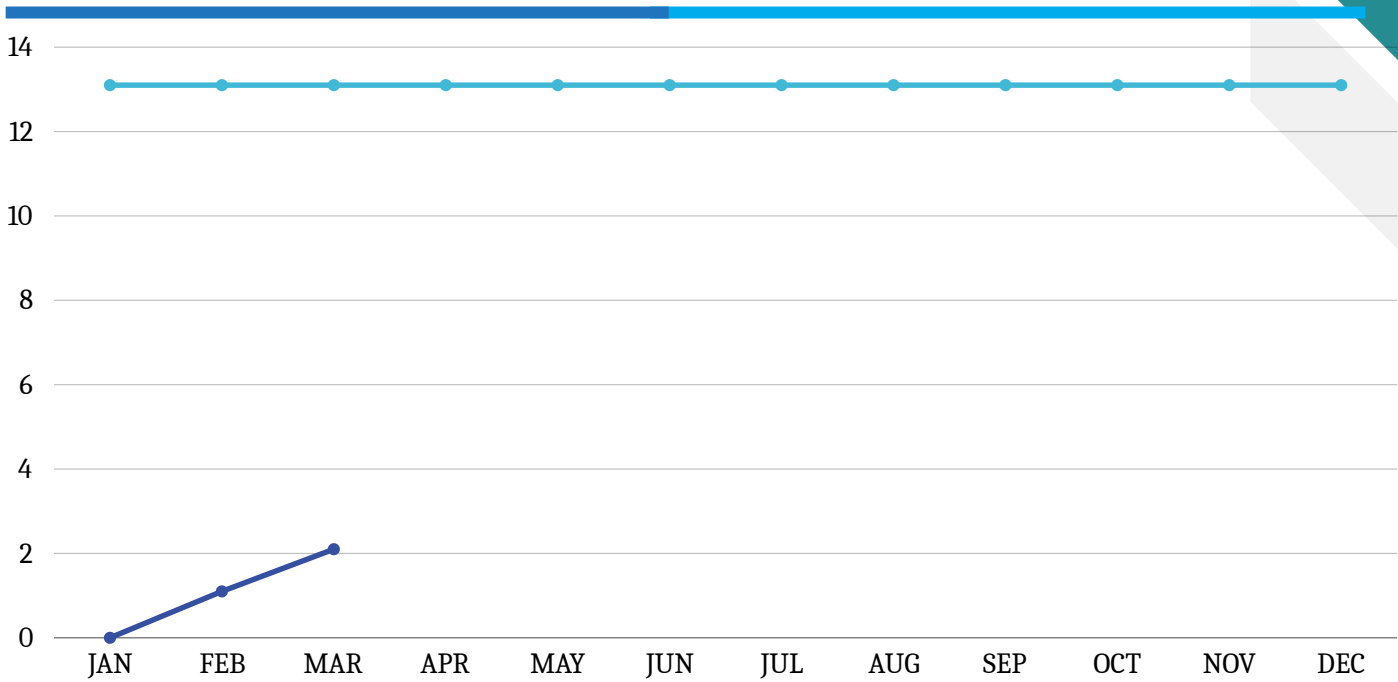
## GRANT APPLICATIONS



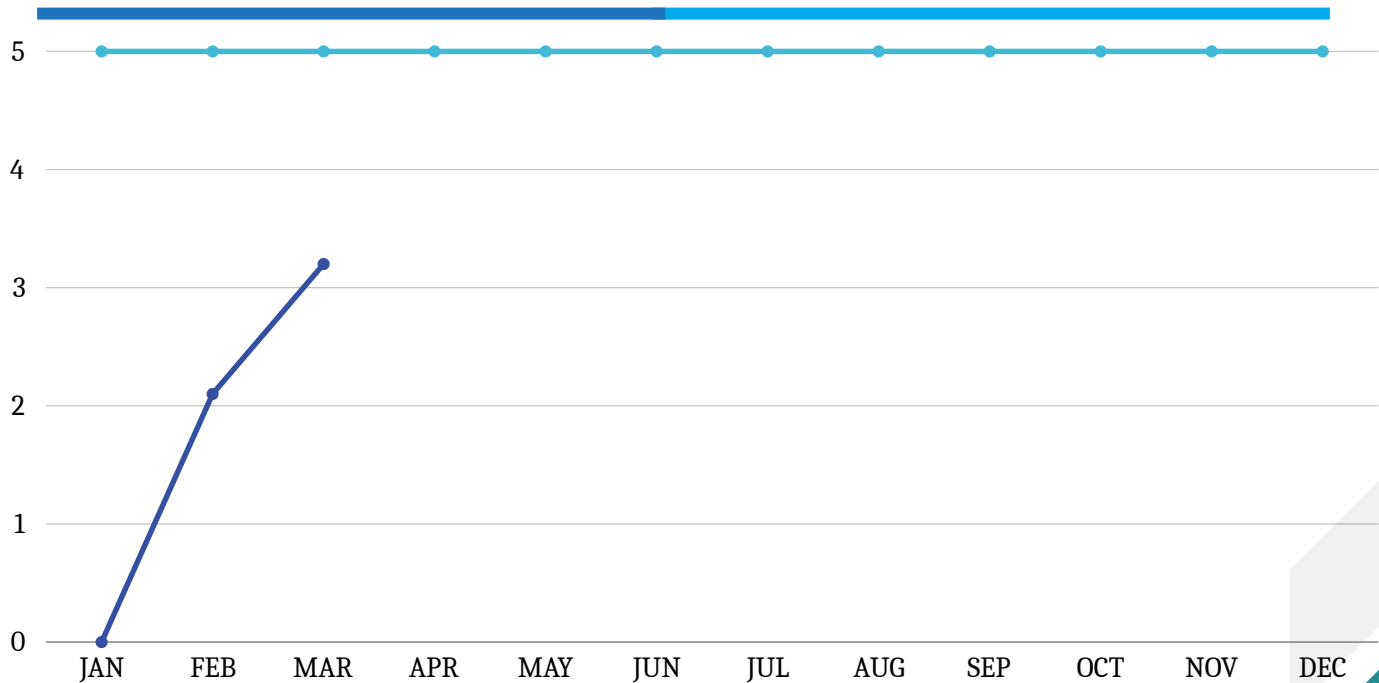
# PERFORMANCE INDICATORS

*& Data Tracking*

## OVERDOSE DEATH RATE RELATED TO OPIOID



## FALLS RELATED DEATH RATE



# Accreditation

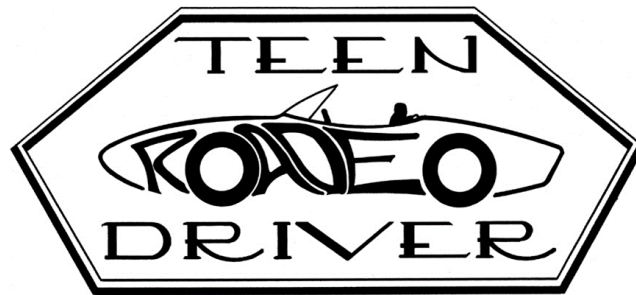
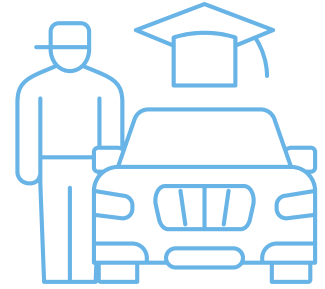
- Natasha completed the reaccreditation application and Katie review and submitted the application on March 6.
- PHAB Approved the reaccreditation application on March 7; the due date for reaccreditation document submission is September 7.
- Natasha has begun completing final reviews of measures, once completed it is uploaded into e-PHAB for Katie to review. Five documents have been returned for additional information based on the standards and measures.
- Below is a screenshot from E-PHAB that shows the documents that have been finalized and uploaded for Katie's review as of March 31, 2024.



| Progress |     |  |
|----------|-----|--|
| ⊖        | --- | Q&A Communications Hub                 |
| ⊖        | 63% | Domain 1                               |
| ⊖        | 76% | Domain 2                               |
| ⊖        | 15% | Domain 3                               |
| ⊖        | 0%  | Domain 4                               |
| ⊖        | 0%  | Domain 5                               |
| ⊖        | 0%  | Domain 6                               |
| ⊖        | 0%  | Domain 7                               |
| ⊖        | 0%  | Domain 8                               |
| ⊖        | 0%  | Domain 9                               |
| ⊖        | 0%  | Domain 10                              |
| ⊖        | 0%  | Continued Advancement                  |
| ⊖        | 0%  | Health Department Director Attestation |
| ⊖        | --- | Conclusion                             |

# Child Injury Prevention

- Shannon Fox and Abbigail Shankland worked on Child Injury Prevention during March.
- As TCHD is working with Job & Family Services to provide updated parenting education programming and materials, Shannon went to JFS to observe a class. There are currently 4 parents attending this course as a first step to regaining custody of their children. On the week that Shannon went, class subjects included reasoning with children of different ages, using praise effectively and often, teaching social skills to children, and being a good role model. The class is anticipated to continue once a week until Tuesday, May 7.
- Abbie reached out to the Assistant Principal of Claymont High School to discuss planning the rest of the graduated driver's licensing (GDL) program for students. The school is expected to create a policy or program mandate for students to complete a safe driving course prior to getting their school parking pass. Shannon will follow-up with the school in early April to discuss policy options.
- Teen ROADEo event planning is nearly complete. TCHD expects to have nearly 40 students from 7 schools participate in the driving safety event on April 24.

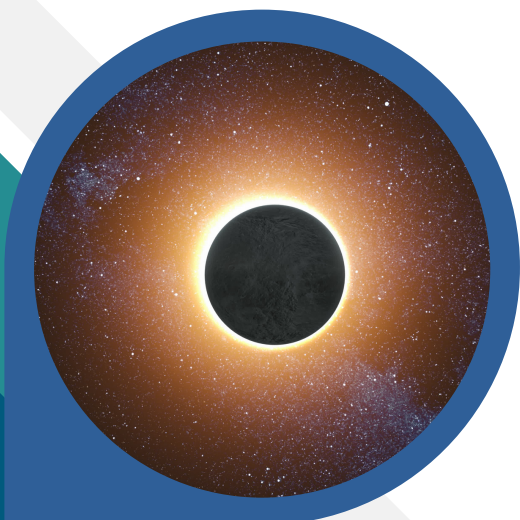


- Shannon set a meeting with Strasburg Elementary School's Principal to discuss planning a Walk, or Bike to School Day for students. The event is anticipated to take place on Monday, May 13.
- Abbie and Shannon finalized quarterly reports to be submitted at the end of March. All grant deliverables are on track, if not ahead of their due dates.



# Emergency Preparedness

- From March 24-28, both Emma and Natasha attended the Preparedness Summit, it was held in Cleveland this year.
- On March 7th, Emma reached out to the schools to identify their plans for the solar eclipse. 7 out of the 10 schools responded to the request.
- Also on March 7th, Emma completed the Capabilities Planning Guide survey to identify strengths and areas of improvement within our capabilities.
- Emma and Jennifer Demuth participated in a NECO Region PIO Call regarding solar eclipse planning on March 12th. On this same day, Erica attended the NECO Region Epidemiology Call regarding solar eclipse planning as well.
- Emma created additional educational social media pieces on the solar eclipse that have been shared leading up to the solar eclipse.
- Emma attended the required weekly epidemiology call on 3/14 to fulfill grant deliverable requirement 5.3.
- On March 20th, Emma attended a virtual webinar put on by ODH called, “Using Social Media Data to Support Public Communication Efforts”.
- On March 21st, Emma virtually attended the NECO Region quarterly meetings for both PHEP Coordinators and HCC’s.
- 4 deliverables were submitted into GMIS in March and are awaiting approval. Deliverable 4.1 (Epi training) was submitted on 3/18, deliverable 5.3 (Epi meeting attendance) was submitted on 3/25, deliverable 6.2 (Performance Measures) was submitted on 3/19, and deliverable 11.2 (MCM Annex) was submitted on 3/27.



## SOLAR ECLIPSE PLANNING

### EYE PROTECTION

Solar eclipse viewing glasses should comply with the ISO 12312-2 standard.

Staring at the sun during an eclipse can lead to solar burns on the retina which can cause permanent damage to the eyes.

Use special-purpose solar filters on any type of camera lens, binoculars, or telescope to avoid severe eye injuries.



### TRAVEL CONSIDERATIONS

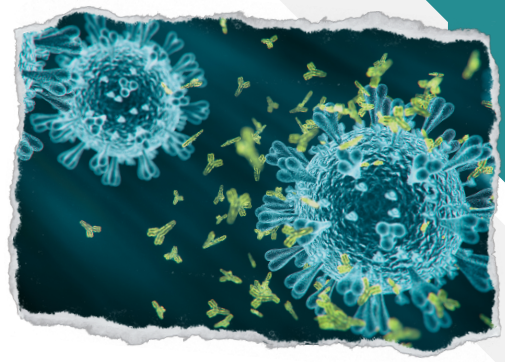
Pre-plan your route and be sure to safely park to view the eclipse.

Keep your gas tank full. Traffic is expected to be busy this day.

Make a preparedness kit for yourself and your family that includes food, water, and a first aid kit.

Print paper copies of directions in case internet connection is limited due to the increase of people traveling this day.

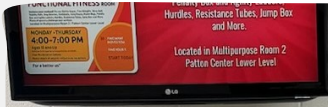
# Epidemiology



- Erica, Natasha, Katie, & Natalie with the ADAMHS Board have reached out to the county commissioners in order to create a Tuscarawas County Suicide Fatality Review Board. These meeting would be held at least once annually at the ADAMHS Board.
- Erica has started working the 2024 Tuscarawas County Health Status Report.
- Erica continues to track 911 Fall Data.
- Erica continues to track 911 Overdose and Suicide Data.
- Erica will be joining the Empower Tusc Suicide Prevention Coalition. Her first meeting was March 25th, 2024.
- Erica had found an increase with child fall injuries and partnered with health educator Abbie Shankland to created social media posts regarding changing table safety, safety gate tips, and a general at home safety tips flyer for Stall Talk and events.
- Erica has completed a 4 -week training cohort course on Enhancing Chronic Disease Surveillance using clinical data through the NACDD Learning Center.
- Erica has been completing child fatality office hours and different training opportunities through the National Center on various topics such as: poisoning, overdose, or acute intoxication, child & youth suicide, Equity in fatality review, and finally improving the consistency of child maltreatment for sleep related SUID.
- Erica and Natasha have both started to prepare for the A-IPC Certification exam to be taken later this year.



# Events



March 14:

TCHD Pop-Up at  
YMCA

March 19:

Puentes Bilingual  
Job Fair at YMCA



March 21:

Dover Kindergarten  
Registration

# General Health Education

- On March 19, Erica and Natasha met with Katie and Natalie (ADAHMS Board) to discuss the Joint Overdose and Suicide Fatality review boards.
- On March 23, the Tuscarawas County Health Department released the Community Stigma Survey.
  - This survey is being implemented as a result of being a pilot site for the Addiction Policy Forum's Anti-Stigma Initiative.
  - Lakyn and Natasha completed the Anti-Stigma Initiative: Responding to Addiction Instructor Training on March 6.



# Older Adult Falls Prevention

## Grant Happenings

- Abigale met with Medi-wise pharmacy and will partner to train staff in CDC STEADI model and begin receiving referrals to balance & mobility classes to be offered this year.
- Abigale began a partnership with the Uhrichsville Fire Chief and secured a location to host A Matter of Balance, and will be releasing class dates soon.
- Abigale completed the Q2 Reporting and Natasha submitted to GMIS.
- Resources were purchased to provide fall prevention “prizes” to Bingocize participants including; grabbers, finger and hand strengtheners, motion detecting night lights, grippy-socks, and wrist straps for walking canes.



## Grant Activity Spotlight

Abigale received certification in the following programs, these programs will be offered to the community over the next year:

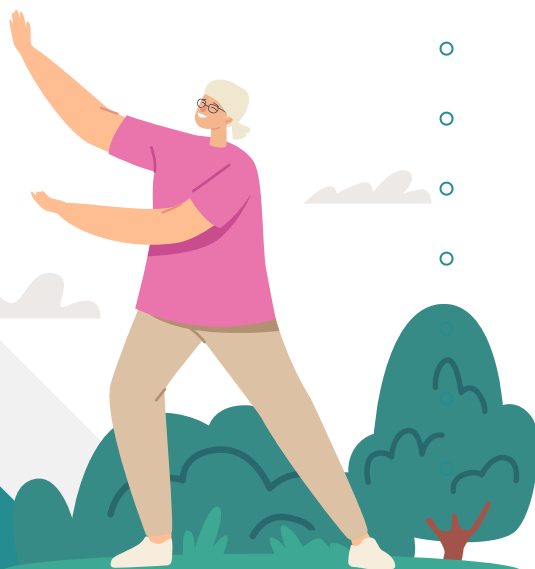
**Walk With Ease-** Walk With Ease is an evidence-based walking initiative that incorporates a five-step walking pattern, goal setting and light exercise into a simple and fun class that meets three times a week for six weeks.

**A Matter of Balance-** A Matter of Balance is an evidence-based program designed to reduce the fear of falling while providing light stretching and mobility exercises and a social setting for social and physical stimulation.

**Tai Chi for Arthritis-** Tai Chi for Arthritis is another evidence-based activity program that has been shown to reduce stress, increase balance and mobility, while decreasing pain and stiffness associated with most types of arthritis.

## Data Tracking for March 2024:

- 0 of home assessments started
- 0 of home assessments completed
- 0 of fall risk assessments completed
- 1 STEADI toolkits distributed
- 8 Bingocize sessions offered
- 0 of Matter of Balance sessions offered
- 0 of Tai Chi for Arthritis sessions offered

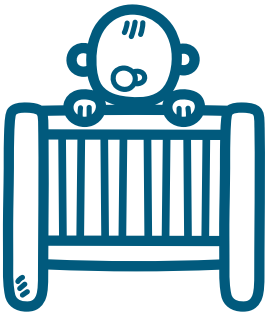


# Programs for Families



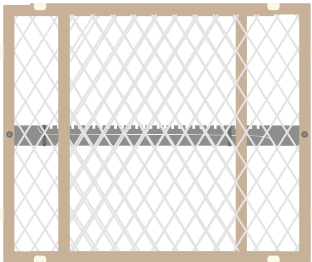
## CARSEATS

- Abbie distributed 12 convertibles and 1 high back boosters in March.
- 10 families used the OBB program in March.
- TCHD trained 5 staff members to become CPSTs.
- Abbie completed 3 car seat check during the month of March.



## CRIBS FOR KIDS

- Abbie distributed 5 cribettes in March.
- 5 families used the Cribs for Kids program in March.
- Abbie completed 8 - 30 day follow-ups and attempted 4.
- Abbie placed an order for 10 cribettes.



## SAFE BEGINNINGS

- Abbie served 10 families in March.
- There was a total of \$2,216.05 in safety items distributed in March. Items included cribs, mattress, sheets, sleep sacks, baby monitors, safety kits, safety gates, furniture anchors, oven door locks, smoke/co2 alarms, and fire extinguishers.



## HEART OF OHIO DIAPER BANK

- TCHD served 19 families in March, 5 were new families and 14 returning families, 44 children received items.
- TCHD distributed 1,131 items in March.

- Served 58 total families in the month of March.
  - 14 families were new to TCHD programs.
  - 5 families were repeat to TCHD programs.
  - 5 families were new to the Diaper Bank program.
  - 14 families were repeat to the Diaper Bank program.

*Data Tracking*

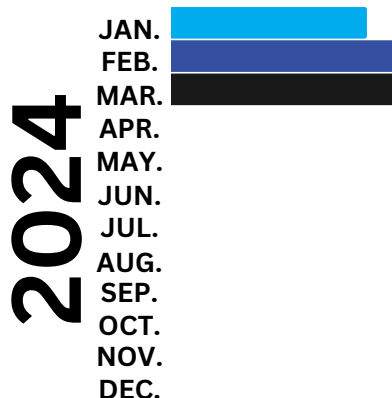
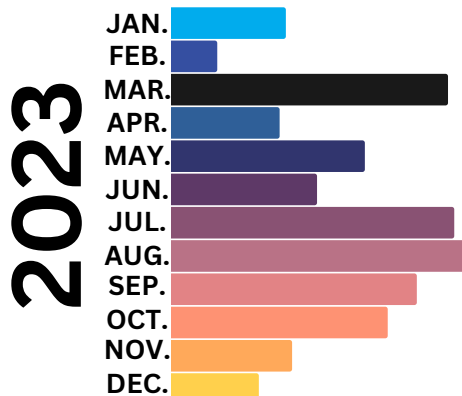
# Project Dawn

- During March 2024, TCHD distributed 88 community naloxone kits and 20 first responder naloxone kits, for a total of 108 kits distributed.
- TCHD trained 85 individuals and had 1 known reversals.
- Lakyn facilitated a Project DAWN Training at the Bluffs on March 11th.
- Lakyn added 1 new Service Entity Protocol: Tuscarawas County Board of Developmental Disabilities
- Lakyn and Abbie offered naloxone distribution to interested community members at the YMCA Pop Up event.
- Lakyn and Natasha completed the Ohio Department of Health IH24 Site Visit on March 12th with Public Health Consultant Steven Dunn.

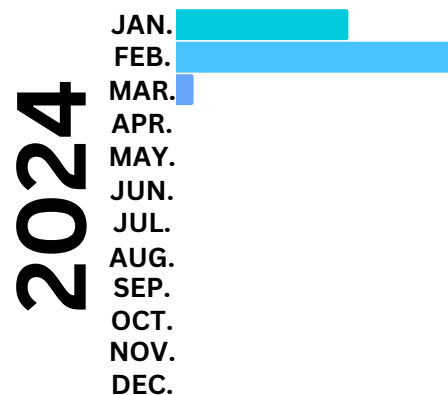


## Data Tracking

### Kits Distributed



### Known Reversals



# Tobacco

- Anti-Vaping Video youth projects were submitted by Youth-to-Youth students from Tuscarawas Central Catholic High School and Strasburg High School.
  - Judging panel votes resulted in Strasburg High School winning 1st Place Video contest. Empower Tusc Coalition votes resulted in Strasburg High School also winning People's Choice Video.
  - Lakyn Craig and the Youth-to-Youth students presented the video projects to the Tuscarawas County Commissioners.
  - Two local media outlets attended the County Commissioner's Meeting and ran news articles on the students' work.
- Youth-to-Youth students also submitted Public Service Announcement (PSA) contest entries.
  - Judging panel votes resulted in Strasburg High School winning the 1st Place PSA contest.
  - Community partner, WBTC, has offered to record and air the students PSAs.
- Shannon Fox presented to the County Commissioners about the negative effects of tobacco in the community, especially those related to secondhand smoke. The County Commissioners signed a proclamation to recognize April 1 as Take Down Tobacco Day in Tuscarawas County.
- Fox continued to conduct an Ask-Advise-Refer (AAR) training with nursing students who rotate through the health department.
- Craig resumed compliance checks during the month of March in partnership with the Tuscarawas County Sheriff's Office.
- Fox presented to educators about vaping trends and health risks to their students at Claymont's Professional Development Day.
- Fox completed radio interviews with WJER and WTUZ. She talked with WHER about secondhand smoke dangers, and WTUZ about the Ohio Tobacco Quit Line.

TCHD is sharing our Youth Anti-Vaping contest entries!

Click video below to view Strasburg High School's entry.

Click video below to view Tuscarawas Central Catholic High School's entry.



[Click here to go to the TCHD page to view the videos.](#)

**Ohio** Tobacco Program

**Quit Line: 1-800-QUIT-NOW**

**MY LIFE  
MY QUIT**™

# Traffic Safety

- In March, there were 120 total accidents.
- In March, the most crashes occur during the 2-2:59pm hour and the most crashes occur on Mondays and Tuesdays.
- As of March 31st, there has been one (1) fatal crashes in Tuscarawas County in 2024.
- The image below illustrates all crashes in March 2024 in Tuscarawas County.

