

BUREAU OF PREVENTION SERVICES

MONTHLY BOARD OF HEALTH REPORT

for the month of February 2023



Public Health
Prevent. Promote. Protect.

Tuscarawas County Health Department

February 2023 is Heart Health Month

American Heart Association's 8 measures in our lives that are essential to maintain cardiovascular health. Tips lower the risk of heart disease, stroke and other major ailments.

HEALTHY EATING
Dietary guidelines include whole grains, fruits & vegetables, fish, chicken, nuts, seeds in your diet.

OBACCO
Nicotine is the leading cause of preventable death in the United States.

ACTIVITY LEVELS
Adults should aim to have 2.5 hours of moderate to vigorous physical activity per week.

BETTER SLEEP
Adults should get between 7-9 hours of sleep per night. It helps to increase brain function and decrease risk of chronic disease.

CHOLESTEROL LEVELS
High levels of bad cholesterol (greater than 100 mg/dL) can lead to heart disease.

BLOOD PRESSURE MANAGEMENT
A healthy blood pressure range can keep people healthier longer. Blood pressure at or less than 120/80 mmHg is best for healthy living.

Coats in Car Seats: What's Best for Toddlers?

NHTSA.gov/CarSeat

Tuscarawas County's Traffic Statistics

Data covers Jan. 1 - Dec. 31, 2020 and Jan. 1 - Dec. 31, 2021. Data was obtained from the Ohio State Highway Patrol Crash Database.

Crash Characteristics	2020	2021	Change from 2020 to 2021
Total #	2,083	2,364	+13.5% ↑
# Fatal	11	11	0.0% =
# Youth Related (15-24 yrs.)	693	783	+13.0% ↑
# Unbelted Related	461	545	+18.2% ↑
# Speed Related	465	463	-0.4% ↓
# Pedestrian Related	10	8	-20.0% ↓
# Alcohol Related	114	8	-93.0% ↓
# Drug Related	33	128	+12.3% ↑
# Motorcycle Related	43	54	+25.6% ↑
# Mature Driver Related (55+ yrs.)	739	823	+11.4% ↑
# Distracted Related	111	127	+14.4% ↑

MY LIFE MY CHOICE
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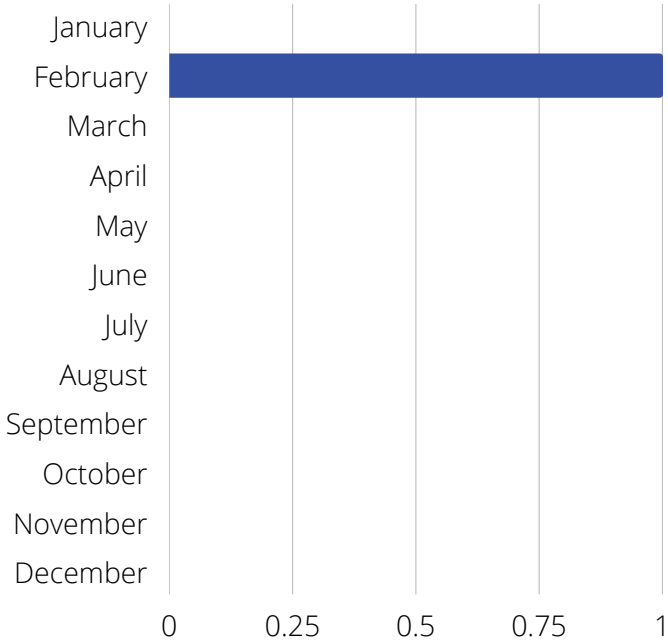
PROJECT DAVIO Tobacco Program

800-QUIT-NOW

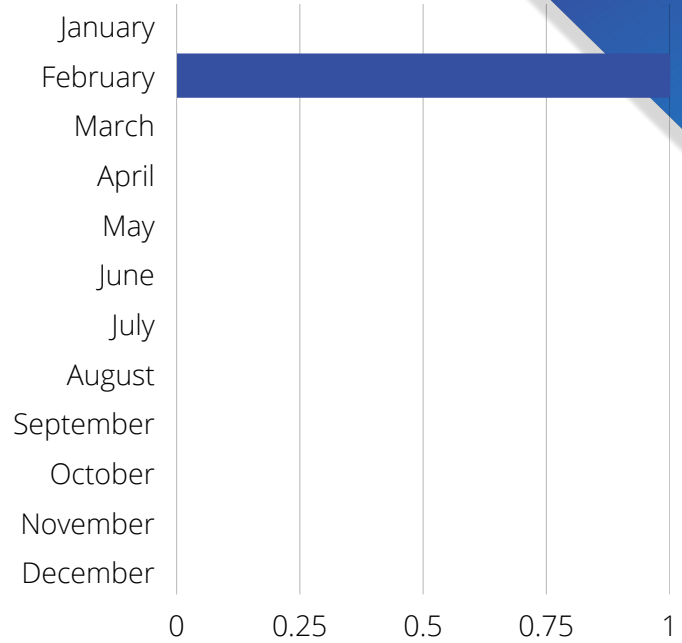


PERFORMANCE INDICATORS

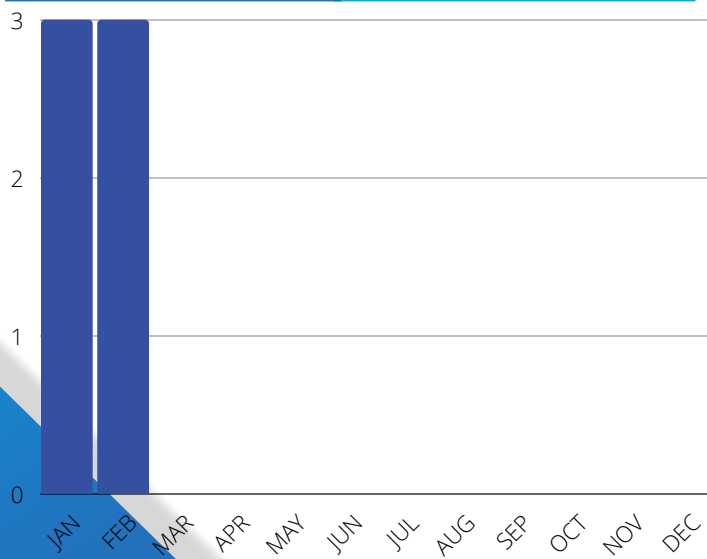
GRANT RFPS



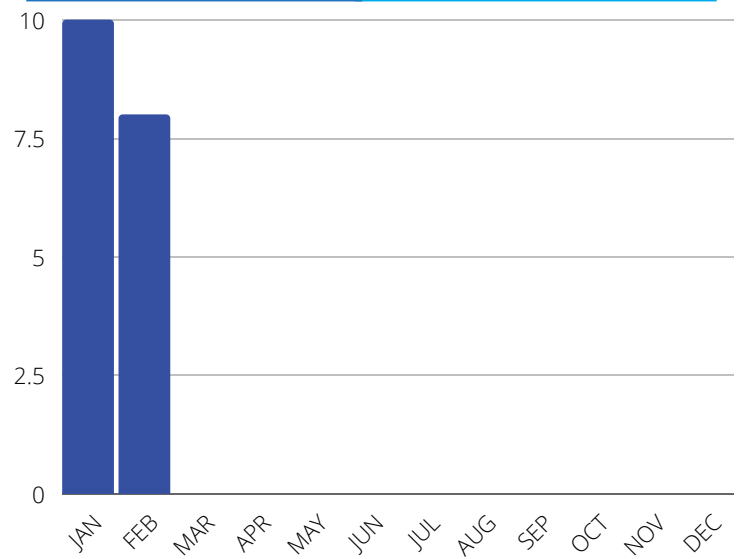
CARSEAT CLASSES



COMMUNITY EVENTS



FAMILIES SERVED



CARSEATS

- Abigale and Abbie distributed 15 convertibles seats in February.
- TCHD received a transfer of 10 convertibles seats from Stark County.
- On 2/21/23 Abbie taught a car seat class to JFS clients.

CRIBS FOR KIDS

Abigale and Abbie completed safe sleep education with eleven (11) families and distributed eleven (11) cribettes to families with no other safe sleep options in the home in February.

EMERGENCY PREPAREDNESS

- Natasha and Emma attended the weekly ODH Epi calls.
- Abigale, Natasha, and Emma attended a NECO region call related to the East Palestine train derailment on February 16th.
- On February 17th Abigale, Emma, and Natasha participated in the statewide Radiological Tabletop Exercise held by ODH.
- PHEP Deliverables 13.1 (MCM Workbook) was submitted on 2/6/23 and approved on 2/7/23, Deliverable 2.1 (COOP Workbook) was submitted on 2/9/23 and approved on 2/17/23, Deliverable 7.2 (Deployment Measures) was submitted on 2/22/23, and Deliverable 12.1 (CIP) was submitted on 2/27/23.

EVENTS

- 2/8: Advocacy Through Art Training for Claymont Youth-to-Youth
- 2/21: JFS car seat class
- 2/21: Claymont Professional Development Day ACT Training
- 2/21: Dover-New Philadelphia Kiwanis Club Presentation

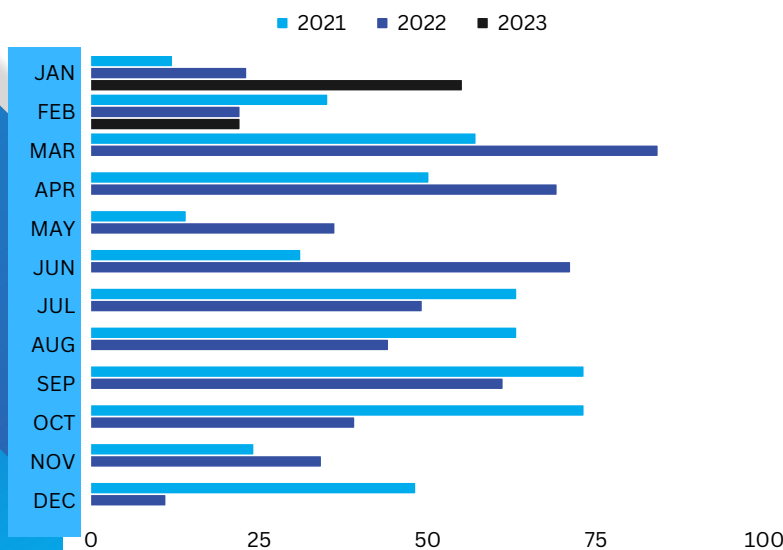
GENERAL HEALTH EDUCATION

- SPACECAT: Lakyn and Emma attended two calls, learning session 2 call was on 2/9/23 and the Individual TA call was on 2/27/23. Lakyn and Emma completed the SOAR (Strengths, Opportunities, Aspirations, and Results) analysis.
- Abigale and Abbie worked on the Buckle Up for Life grant application. This grant is for additional funding for carseats.

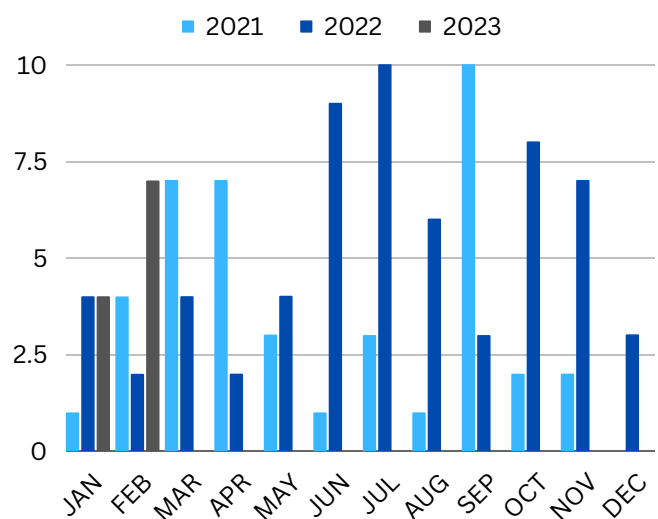
PROJECT DAWN

- During February 2023, TCHD distributed 22 Naloxone kits, trained 22 people, and had 7 known reversals.
- The grant application for Integrated Harm Reduction was submitted on February 10.
- There were 20 First Responder Naloxone kits distributed to the following entities: Tuscarawas County Sheriff's Office Jail.
- Natasha and Lakyn attended the Addiction Task Force meeting on February 23rd held at the Tuscarawas County Health Department.

Kits Distributed



Known Reversals



SAFE BEGINNINGS

- Abbie and Abigale served two (2) families during the month of February. Equipment distributed consisted of two (2) cribs and two (2) mattresses, with a total value of \$438.82.
- The OCTF competitive grant was submitted on February 9, 2023.
- TCHD was notified on February 24 that our application had been recommended for award for the full amount requested of \$50,000 each year for SFY 2024-2027.

SAFE COMMUNITIES

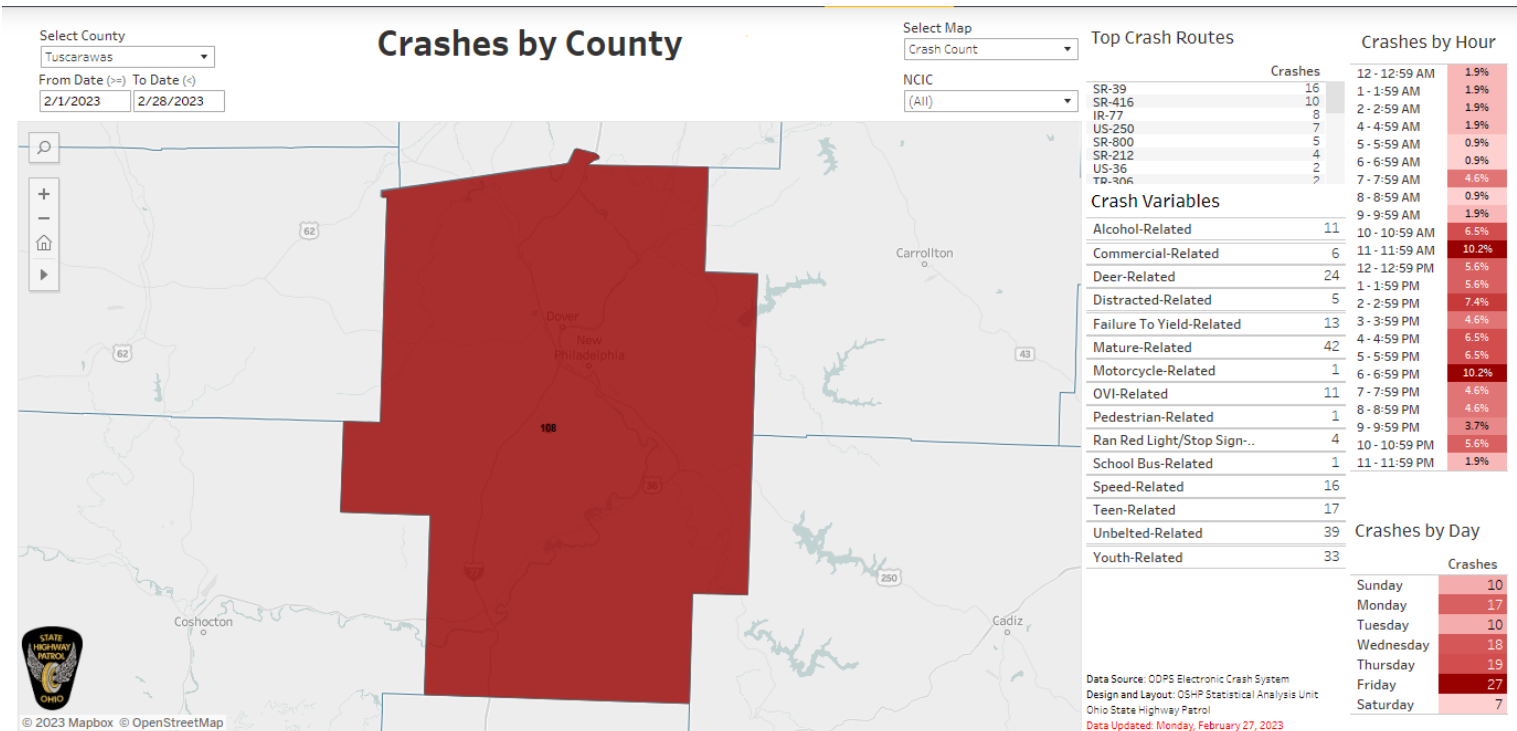
- 60 Click It or Ticket magnets were distributed to the Tuscarawas County Public Library staff in February.
- On February 1st, Abbie had a radio interview with WJER over 2022 Traffic Fatality Report.
- On February 15th, Safe Communities had their quarterly coalition/fatal crash review meeting.
- On February 28th, Abbie had a bi-monthly Safe Communities radio interview with WBTC.

TOBACCO

- Katelyn and Lakyn held the Tobacco and Vaping Committee meeting on 02/14. The committee is currently working on developing a survey to send out to all Tuscarawas County schools to see what schools are currently doing to address vaping and what needs/resources schools would like to have to help address vaping.
- Katelyn and Lakyn met with their Leadership Tusc group to continue work to plan an educational school spirit week addressing the harms associated with vaping and the "Don't Be Fooled by Big Tobacco" even on April 1st.
- The tobacco continuation grant was submitted to ODH on February 17.

TRAFFIC SAFETY

- The image below illustrates all crashes in February 2023 in Tuscarawas County.
- In February, there were a total of 108 accidents.
- As of February 28th, there have been one (1) fatal crashes in Tuscarawas County in 2023.



Crashes by Month and Year

	February	Total
2023	108	108
Grand Total	108	108

Crashes by Severity and Year

Severity	2023
Serious Injury Suspected	2
Minor Injury Suspected	9
Injury Possible	5
Property Damage Only	92
Total	108