

BUREAU OF PREVENTION SERVICES

MONTHLY BOARD OF HEALTH REPORT

for the month of December 2023



Public Health
Prevent. Promote. Protect.

Tuscarawas County Health Department



HANDWASHING FACTS & TIPS

DID YOU KNOW?

- Only 31% of men and 65% of women wash their hands after using a public restroom.
- Most people only wash their hands for 6 seconds.
- Only around 5% of people wash their hands correctly.
- Failing to wash your hands correctly contributes to nearly 50% of all foodborne illness outbreaks.

HOW TO PROPERLY WASH YOUR HANDS:

1. Wet your hands with clean, running water (warm or cold) and apply soap.
2. Lather your hands by rubbing them together with soap. Be sure to lather the back of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds, or hum the Happy Birthday song twice.
4. Rinse your hands well under clean, running water.
5. Dry your hands using a clean towel or air dryer.

TUSCARAWAS COUNTY HEALTH DEPARTMENT POPPING UP

at the
Wiltshire Event Center
One Stop! - Shop-A-Latte

Saturday, December 9, 2023
2 PM - 5 PM

474 Jeanne Anne Ln, Bolivar, OH 44612

STOP BY TO LEARN ABOUT OUR FREE SERVICES

- ✓ Programs for families
- ✓ Free cribettes*
- ✓ Nicotine quit resources
- ✓ Naloxone (Narcan) kits

*Subject to program eligibility. mti Cribs for Kids, MY LIFE 4U ALIVE

With Narcan

You may give someone the gift of another chance; a family the gift of hope for their loved one.

To get a free Naloxone (Narcan) kit from the Tuscarawas County Health Department, call (330) 343-5555, ext. 1780 or email narcan@tchdnow.org to schedule your appointment.

*THIS PROGRAM IS FEDERALLY FUNDED THROUGH THE OHIO DEPARTMENT OF HEALTH.

PROJECT DAWN

TIPS FOR OLDER DRIVER SAFETY AWARENESS WEEK

Discuss any medical issues with your doctor to see if they may affect your ability to drive accordingly.

Be aware of your changing physical, vision, and hearing abilities and adjust your car accordingly.

Plan your route before you drive and choose routes with well-lit streets, intersection turn signals, and easy parking. Do most of your driving during daylight and avoid busy roadways and rush hours whenever possible.

Leave plenty of room between you and the car in front of you.

Be aware of your changing physical, vision, and hearing abilities and adjust your car accordingly.

SEASONAL AFFECTIVE DISORDER (SAD)

Seasonal depression, also known as seasonal affective disorder (SAD) or the "winter blues," is a form of depression that occurs around the same time every year. Seasonal depression typically occurs when the seasons change.

SYMPTOMS

- Depression
- Anxiety
- Mood changes
- Sleep problems
- Fatigue
- Overeating
- Social problems

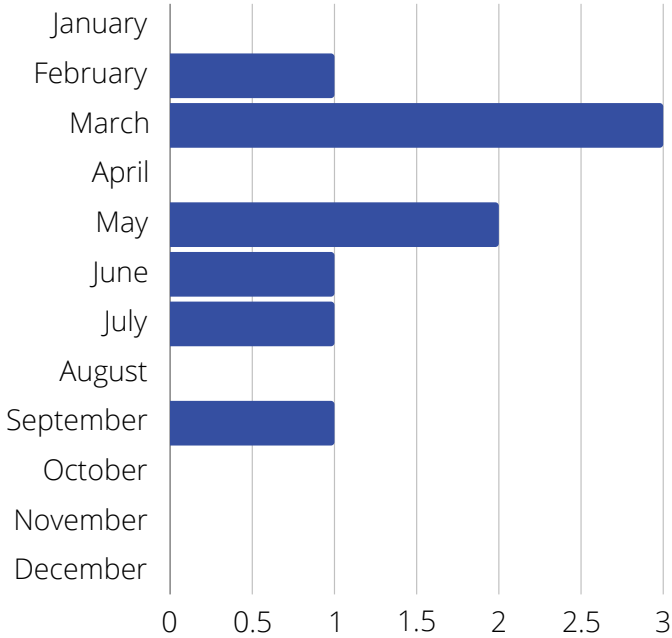
PREVENTION

- Light Therapy
- Exercise
- Increased Sunlight
- Meditation
- Spend time outdoors

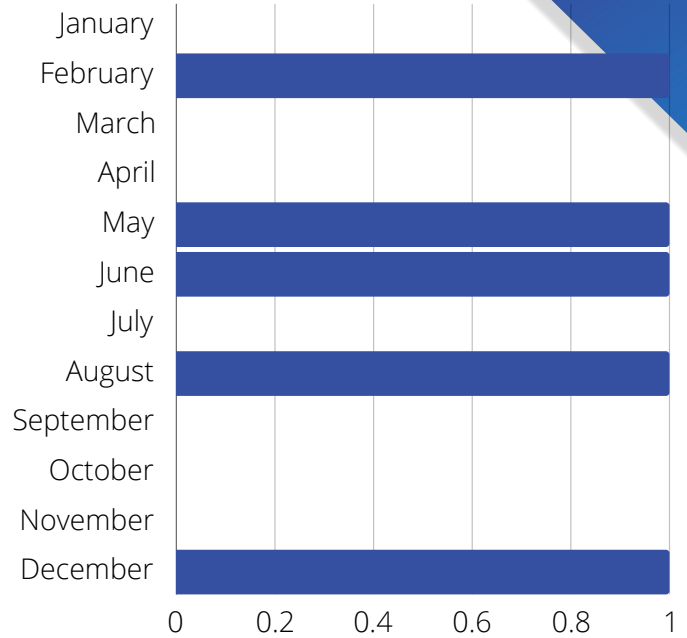
Public Health
Tuscarawas County Health Department

PERFORMANCE INDICATORS

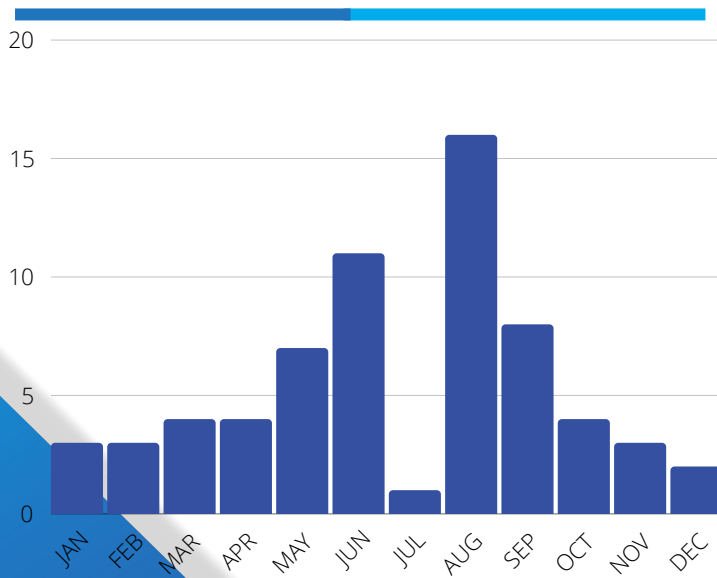
RFPS



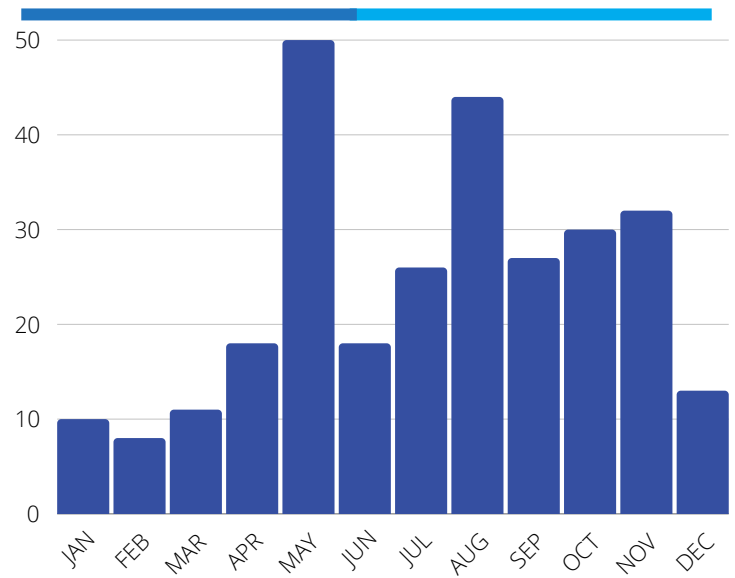
CARSEAT CLASSES



COMMUNITY EVENTS



FAMILIES SERVED



ACCREDITATION

- On 12/27, Emma completed an online training for PHAB Documentation and Examples for Reaccreditation.
- As of December, there are 4 domains that have all the required documents (Domains 4, 6, 7, 8).
- Emma has been heavily working on accreditation documents for reaccreditation. This allows Natasha to just quickly review the documents that Emma has completed.

CARSEATS

- Abbie distributed 4 convertibles and 1 high back boosters in December.
- TCHD received a transfer of 2 convertibles from another county.
- On December 5th, Abbie taught a car seat class to 10 parents at Harcatus in Dover.
- On December 7th, Abbie attended the virtual quarterly OBB fitting station meeting.
- The December OBB car seat shipment was delayed until mid-January from the car seat manufacturer.

CRIBS FOR KIDS

- Abbie provided safe sleep education and cribettes to three families throughout the month of December.
- Abbie attempted to do 8, 30-day follow ups with families who have received a cribette through the Cribs for Kids program. Abbie was able to successfully complete 3 follow ups and provide more education.
- On December 11th, Abbie attended the virtual Cribs for Kids advisory meeting.

DIAPER BANK

- In December, 5 new families were served from the diapers from the Heart of Ohio Diaper Bank. 23 families returned from previous months to receive services.
- In December, 1,661 items from the diaper bank were provided. This includes diapers, pull-ups, wipes, and period packs.
- Abigale is planning to introduce the Diaper Bank program to the new Injury Prevention Coalition and request assistance hosting a diaper drive.

EMERGENCY PREPAREDNESS

- Emma and Natasha attended the PHEP and HCC Quarterly NECO region in-person meetings at Summit County on December 7th.
- Following these meetings, the NECO region hosted a Chemical Surge Tabletop Exercise on December 7th that fulfilled deliverable requirement 14.1.
 - New Philadelphia City Health Department, Cleveland Clinic Union Hospital, and Trinity Twin City Medical Center all participated.
- The PHEP RFP was released on 12/8 for the upcoming competitive 5-year cycle. Emma has been working heavily to complete application documents for submission.
- Deliverables 9.1 (IPP) and deliverable 14.1 (Chemical Surge Tabletop Exercise) were submitted on 12/11/2023. Deliverable 5.2 (Epi meeting) was submitted on 12/18/2023. All three deliverables were approved on 12/22/2023.

EVENTS

- 12/9: Shop-A-Latte
- 12/9: Midvale Old Time Christmas

GENERAL HEALTH EDUCATION

- On December 9th, Abbie and Emma attended the Shop-A-Latte Event in Bolivar.
- The total amount requested from the Ohio Department of Health for either the month of December or the quarter of October-December totaled to over \$120,000 between five grants.
- The Tuscarawas County Health Department received the “2023 Organization of the Year” Award from Empower Tusc.
- A job offer was given to an individual for the Epidemiologist position.

INJURY PREVENTION - CHILD

- Abigale facilitated the first Occupant Protection Subcommittee meeting on 12/5 in coordination with Promedica.
- TCHD has purchased new curriculum to enhance TCJFS current parenting program education. Abigale is scheduled to attend the facilitators training for BotVin LifeSkills parenting program on January 17th and 18th virtually. (PSEC #3)
- Abigale received confirmation of the 2024 Teen ROADeo date from the Fairgrounds and has begun planning
- Abigale submitted the first Program Report for Quarter 1 with Natasha on 12/26/2023.
- Natasha submitted the December expenditure report totaling \$18,500.00 will be submitted in January.

INJURY PREVENTION - ADULT FALLS

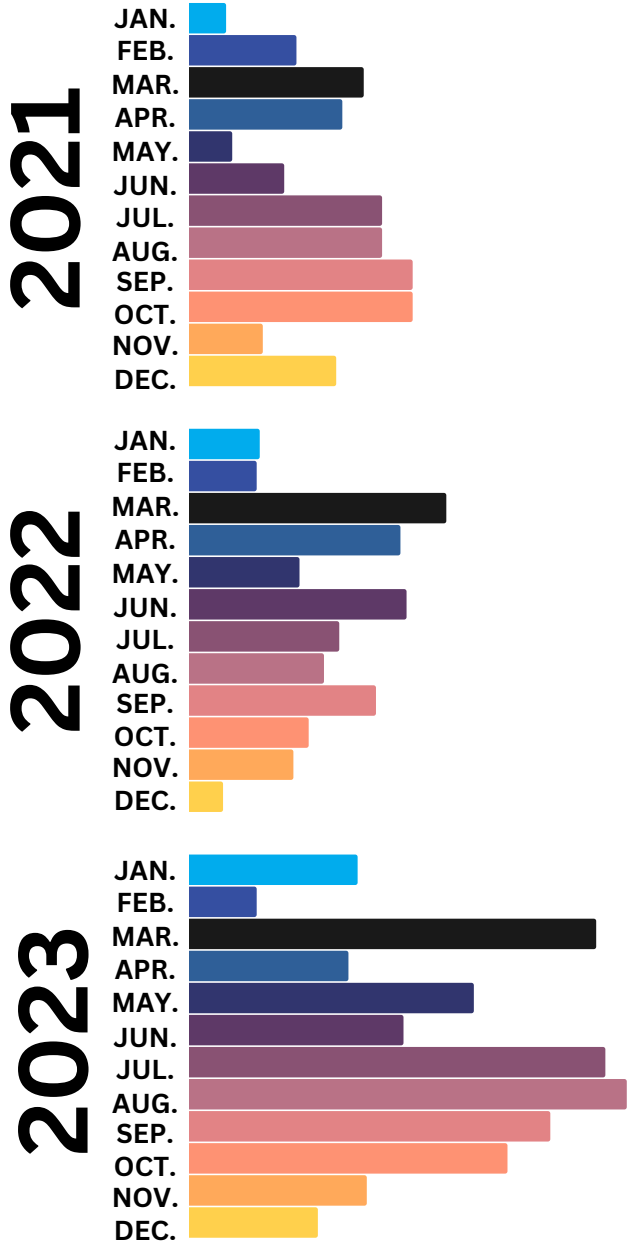
- Emma and Lakyn facilitated Bingocize sessions at the Tuscarawas County Senior Center on Tuesdays and Thursdays, and finished the sessions on December 14th.
- Katelyn started working as the falls prevention coordinator in December.
- A letter of commitment for falls prevention activities was signed from the Tuscarawas County Senior Center, New Philadelphia Fire Department, and from the mobility manager- Jill Cunningham .
- Katelyn and Natasha had a meeting with the New Philadelphia Fire Department (Community Care Coordinator) about them joining the coalition and providing support for grant initiatives.
- Natasha submitted the first Program Report for Quarter 1 12/26/2023.
- Natasha submitted the December expenditure report totaling \$22,000.00 will be submitted in January.

PROJECT DAWN

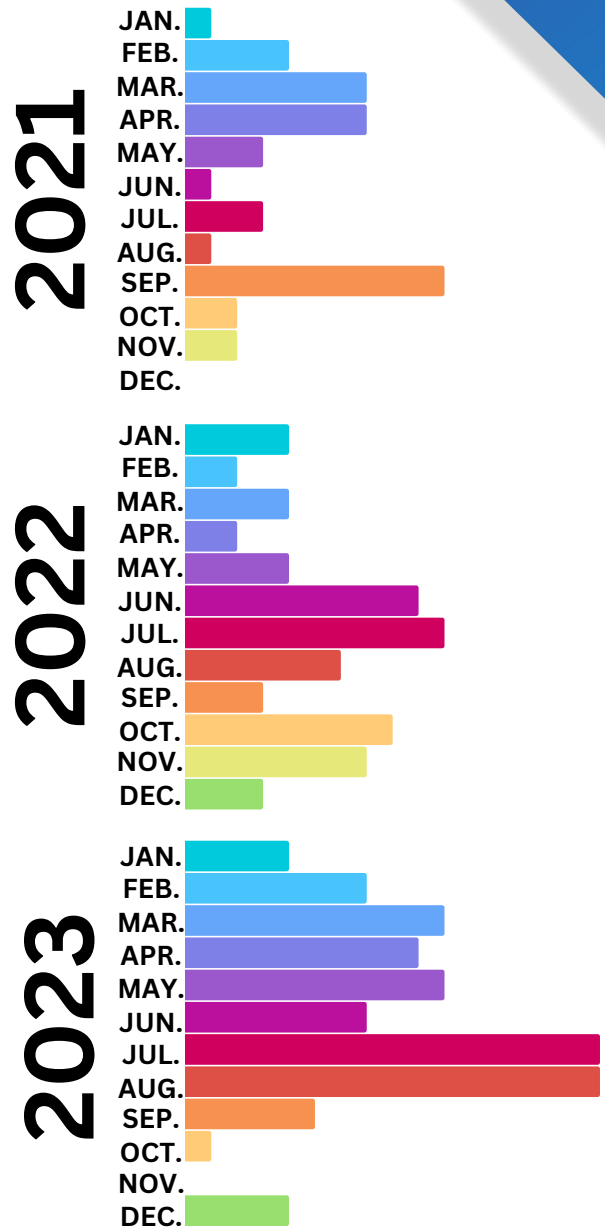
- During December 2023, TCHD distributed 42 Naloxone kits, trained 35 individuals, and had 4 known reversals.
- Lakyn facilitated a naloxone training for The Bluffs on December 11th.
- Lakyn organized 1 Service Entity protocol with a local school district.
- Abbie and Emma distributed naloxone to interested community members at the Shop-A-Latte event.

PROJECT DAWN CONTINUED

Kits Distributed



Known Reversals



SAFE BEGINNINGS

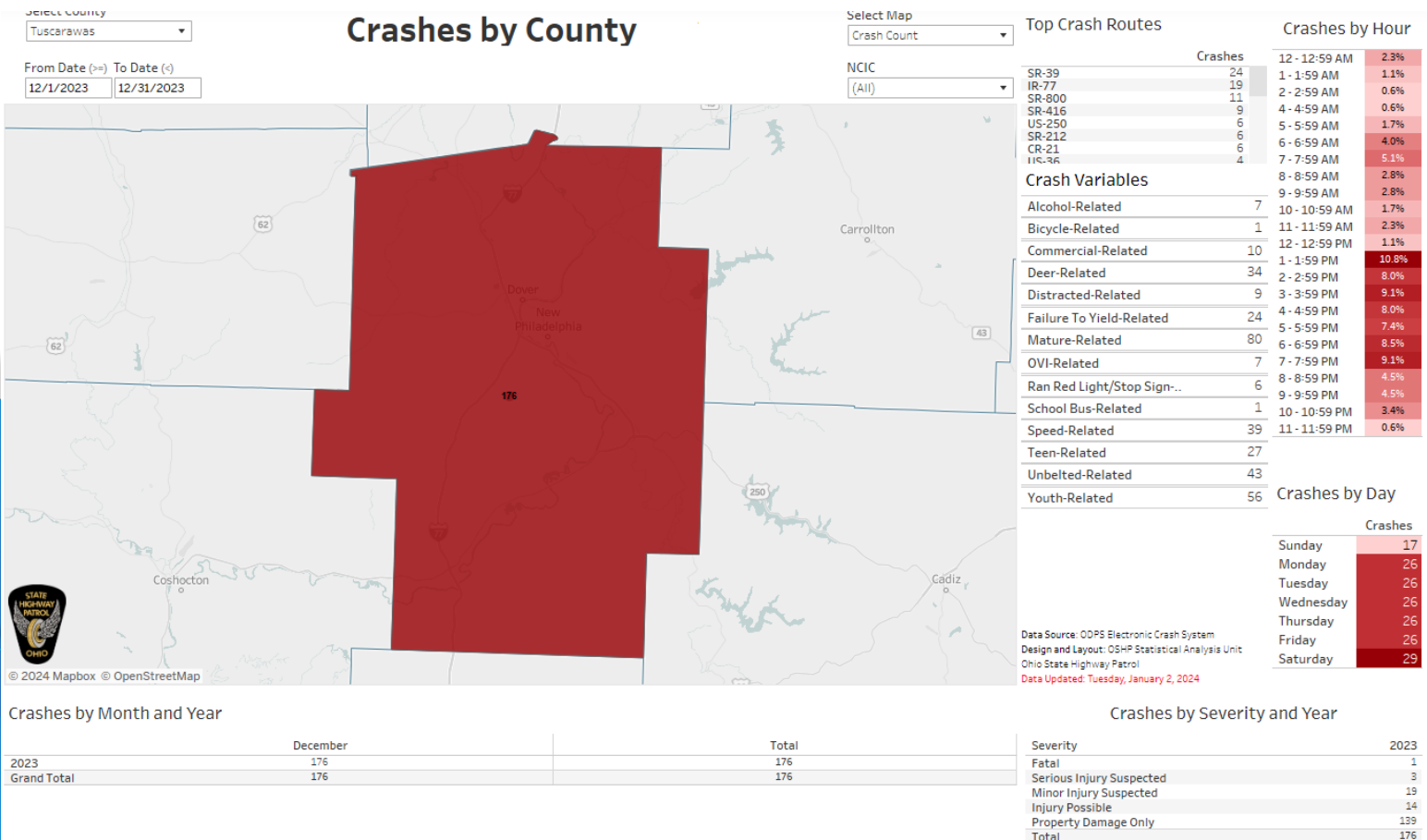
- Abbie provided education and served 4 clients Safe Beginnings equipment in December totaling \$956.83. Items included: cribs, mattresses, baby video monitors, baby gates, child proofing kits, fire extinguishers, and more.

TOBACCO

- Shannon and Lakyn provided support and resources to the Tuscarawas Central Catholic High School Youth 2 Youth group for their Anti-Vaping Video Contest project. Support meetings are scheduled for Strasburg and Claymont High Schools for January 2024.
- Shannon and Lakyn hosted the Empower Tusc Tobacco & Vaping Committee Meeting. They introduced Shannon and the new chair of the committee and reviewed upcoming compliance check plans.
- Tobacco Retailer Compliance Checks have begun with help from the Tuscarawas County Sheriff's Office and local youth. The checks are expected to be completed by the end of January 2024.

TRAFFIC SAFETY

- In December, there were a total of 176 accidents.
- In December, the most crashes occur during the 1-1:59pm hour and the most crashes occur on Saturdays.
- As of December 31st, there have been six (6) fatal crashes in Tuscarawas County in 2023.
- The image below illustrates all crashes in December 2023 in Tuscarawas County.



2023 YEAR END RECAP

JANUARY 1-DECEMBER 31

New Five Year Grants

- CHILD INJURY PREVENTION
- OLDER ADULT FALLS PREVENTION

**PROGRAMS FOR
FAMILIES SERVED:**

**287 NEW
FAMILIES**

**16,075
DIAPERS DISTRIBUTED**

ATTENDED

66

COMMUNITY EVENTS

89

known overdose reversals

Empower Tusc's

2023

Organization of the Year

**1,026
NALOXONE KITS DISTRIBUTED**