

Centers for Disease Control and Prevention (CDC) Updated Recommended Public Health Strategies for the Prevention of COVID-19

Strategy	Person-and household-level prevention behavior	Links to guidance and scientific evidence
COVID-19 Vaccination	Stay up to date with COVID-19 vaccination	www.cdc.gov/coronavirus/2019-ncov/vaccines
Pre-Exposure Treatment	Persons who have immunocompromised might benefit from pre-exposure treatment (Evusheld) to prevent serious illness	www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html#preventive
Medications for COVID-19	Persons at increased risk for severe illness should have a plan to access tests and treatment	www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html
Improved Ventilation	Increase ventilation and filtration	www.cdc.gov/coronavirus/2019-ncov/community/ventilation.html
Masks	Persons at high risk for illness should wear a mask that provides more protection (N95/KN95) indoors at medium and high COVID-19 community levels All persons should wear well-fitting masks indoors in public at high COVID-19 community levels	www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/sars-cov-2-transmission.html
Testing	Persons with known or suspected exposure to someone with COVID-19 and those who experience symptoms should seek testing	www.cdc.gov/coronavirus/2019-ncov/hcp/testing-overview.html
Exposures	Persons with a recent exposure should wear a mask in public for 10 days and test 5 days after exposure regardless of symptoms	www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html
Isolation	Symptomatic persons should seek testing and isolate Infected persons should stay home for at least 5 days and wear a mask for at least 10 days	www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html
Hand Hygiene	Wash hands frequently	www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html
Increasing Space and Distance	Persons at high risk for severe illness should consider avoiding crowded areas and minimizing direct physical contact in public	www.cdc.gov/coronavirus/2019-ncov/science-briefs/sars-cov-2-transmission.html



Tuscarawas County Health Department