TUSCARAWAS COUNTY GENERAL HEALTH DISTRICT 1996 MANAGEMENT STAFF

STEVEN R. WERMUTH, R.S., M.P.A. Health Commissioner

MICHAEL H. KELLEY, D.O. Medical Director

LINDA J. FANNING
Director of Medical Records

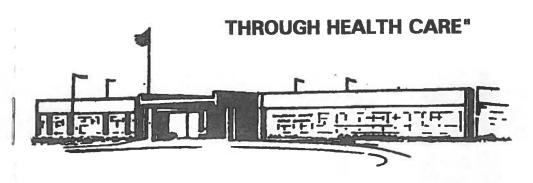
DENISE A. HUEBNER
Senior Administrative Secretary

ROGER H. FANNING, R.S. Director of Environmental Health

ANTHONY J. INCARNATO, L.P.C.C. Director of Alcohol & Addiction Program

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"WE CARE



1996 ANNUAL REPORT

TUSCARAWAS COUNTY HEALTH DEPARTMENT
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FROM THE HEALTH COMMISSIONER

Citizens of Tuscarawas County should be very proud of their local Health Department and the dedicated staff that serves them in many ways. You will find, throughout this 1996 annual report evidence of the "leading edge" efforts of all those concerned with public health in our area. This includes the efforts of many elected officials, other agencies, townships, villages and all the others who in particular support our ongoing Health Levy. Without the levy, many services would have to be eliminated or at least reduced in scope.

We spend a lot of time renewing worthwhile existing grants and searching for new significant grants that can be of benefit to our community.

Today, Public Health is branching out into many areas. It takes constant attention and awareness by our staff and Board of Health to keep up with community public health problems and the solutions available. Our staff continues to make itself available for any comments or suggestions wherever they may originate. Local support is actively sought and very much on hand.

Please pay particular attention to the many departments listed in this annual report and the programs in which they participate. You will find our Environmental Division is continuously on guard protecting the health of the community especially when it comes to food and water safety. Our community Health Division (formerly Home Health) cares for those at home with medical needs that otherwise would have no care. Our Vital Statistics Department is responsible for providing birth and death records. Our clinic area is a very busy place providing among other things, primary care, immunizations, blood pressure screening, perinatal care, nutrition services, and well-child exams. Our Health Education is important sine we stress prevention wherever possible. The Alcohol and Addiction Center has a long successful history as part of the Health Department as well.

The needs of the community are every growing in these and other areas. You can be sure the Health Department will be there to respond.

The Board of Health is to be commended for its expertise and foresight in leading the Tuscarawas County Health Department to another successful year. I look forward to my first in 1997.

Dr. A.W. McNicoll, Health Commissioner

TUSCARAWAS COUNTY HEALTH DEPARTMENT

1996 FINANCIAL REPORT

RECEIPTS	
Beginning Balance 01/01/96	\$15,393.40
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F (2)	12
Dental	\$64,583.58
Speech Therapy	\$12,879.02
Patient Pay	\$145,565.45
Title XIX Medicaid	\$244,266.66
Title XXIII Medicare	\$191,397.58
Grants	\$886,981.79
Insurance	\$19,986.07
Vital Statistics	\$38,762.10
Permits/Licenses	\$313,133.73
State Subsidy	\$25,932.68
Subdivisions	\$25,000.00
Health Levy	\$765,462.92
Water Samples, Evaluations	\$4,817.00
Mosquito Program	\$3,830.40
Bureau of Child with	
Medical Handicaps	\$40,149.00
TB Registry	\$5,600.00
Coordinated Community Care	\$2,217.50
Other	\$22,299.66
Capital Improvements	\$25,000.00
Total Receipts 1996:	\$2,853,258.54

EXPENDITURES

Salaries	\$1,466,358.53
Supplies	\$120,480.50
Contracts	\$278,894.21
Rent	\$6,855.00
Travel	\$50,373.96
PERS	\$207,095.28
Worker's Compensation	\$20,241.73
Utilities	\$57,433.15
Other	\$51,355.43
Solid Waste Remittance OEPA	\$57,500.00
Equipment	\$16,824.75
Remittance to State	\$88,095.84
Medicare Insurance	\$14,574.58
Hospital & Life Insurance	\$252,873.40
Unemployment	\$9,200.25
Capital Improvements	\$25,000.00
Debt Service Fund	\$64,400.00

Total Expenditures 1996: \$2,787,556.61

Ending Balance:

\$65,701,93

COMMUNITY HEALTH PROGRAM

With the expanding elderly population, the need for increased services to elderly with functional limitations due to a chronic or acute illness is increasing. This need is being addressed in different ways depending on the medical and financial alternatives available to the patient.

Skilled Medicare/Medicaid Third Party Payers: patients who are homebound receive Home Health Nursing Services which could include lab work, treatments, home health aide, physical therapy, or speech therapy services in their home. These services are rendered generally following an acute illness process on a limited time basis.

Passport provides assistance with personal care needs. Home health aides are available to provide either short or long range support.

Private Pay was initiated in 1996 as another alternative for inhome assistance for the elderly.

NURSE VISITS:	1,283
AIDE VISITS:	1,526
PHYSICAL THERAPY VISITS:	716
SPEECH VISITS:	3
PRIVATE PAY:	3

PASSPORT

NURSE VISITS:	115
AIDE VISITS:	2,778

COMMUNITY CARE COORDINATION NURSE VISITS: 9 AIDE VISITS: 171

ALCOHOL & ADDICTION CENTER

The Tuscarawas & Carroll Counties Alcohol & Addiction Center is grateful to have served the community for twenty-five years. The Health Department is a good place.

The Tuscarawas County Health Department, with the support of the Ohio Department of Health, established Tuscarawas County's first alcohol and other drug program in 1971. Since that time, as with everything there have been some changes. The Ohio Department of Health's Bureau on Alcohol Abuse and Alcoholism Recovery and the Ohio Department of Mental Health's Bureau on Drug Abuse have merged to form the Ohio Department of Alcohol and Drug Addiction Services. The Eastern Ohio Regional Alcoholism Council was eliminated and the Alcohol, Drug Addiction and Mental Health Services Board of Tuscarawas and Carroll Counties has become the middle manager of local, state and federal funds for alcohol and other drug treatment and prevention services.

County and state government are solidly behind the work of local certified chemical dependency counselors. This is with good reason. Unless you have had a substance-related disorder effect your life, you can only guess how important competent counseling is. People with a chemical dependency diagnosis or those who are family members living with the chemically dependent...it is unclear who is suffering the most.

"J's" NEW WAY

Alcohol, marijuana, "crack" cocaine, and amphetamines are the downfall of many individuals. When used together the result can be insanity.

"I couldn't take it anymore, living with someone's parents, my spouse spending the paycheck on drugs, trouble with my inlaws...I was ready to die, I didn't want to live." There were multiple events that effected "J" besides alcohol and other drug addiction. "J's" mother had committed homicide, then suicide. An upbringing in an alcohol and other drug using environment coupled with frequent domestic violence, was a time and place "J" didn't want to revisit. A brother was involved in a serious felony. A conviction for another driving under the influence charge, with children in the car, brought about a conviction for child endangering. Stress in the past and stress in the present. The court ordered evaluation and treatment for chemical dependency. Upon arrival the counselor told her:

"We are an abstinence-based program and expect you to remain sober, pass drug urinalysis, and be honest in all aspects of counseling."

"J's" first remarks about being in a clean and sober condition were...

"I feel like I'm in a foreign world. I can be open with other individuals about my life. I'm learning to trust people."

Counseling has not been easy. After sobriety there were a host of unresolved issues that "J" began to face without using alcohol and other drugs. "J" has been sober for six (6) months and a full recovery is expected. The sentencing judge cancelled jail time and released "J" from house arrest due to her magnificent recovery. There are more signs that a good plan of treatment really works. Instead of using alcohol and "crack", "J" is using her mind taking Algebra and English in college. "J" is active in Alcoholics Anonymous indicating "...it is the best thing that has ever happened.." to her. Weekly group therapy meetings allow "J" to pass on her experience to others.

"I'm dealing with life's issues and accepting the unchangeable. I've quit trying to find out why things happened. Instead of drugs and alcohol to cope, I've learned to change things I have control over."

The children were having some adjustment problems which is normal in this process. They were no longer living in a drug-abusing environment. The children were not accustomed to having a parent cognizant of their behavior.

Since her spouse would not live a sober lifestyle, "J" felt it necessary to sever the relationship. Anything that may jeopardize recovery was carefully avoided.

Other family members had learned of "J's" recovery. "J" told a parent they would not visit if he was going to use alcohol. In respect for "J", he remained sober. This was a small step in the right direction. Subtle influences were causing them to examine their own behavior.

This past season, "J" and another client planned a Christmas party for the group therapy members. "J" was there with her children and was thankful for being in recovery.

"I have a new way of life, I don't have to go back."

ALCOHOL & ADDICTION COUNSELING: 1,857
GROUP THERAPY: 888

ENVIRONMENTAL HEALTH

The Environmental Health Division of the Tuscarawas County Health Department is concerned with the impact of the environment on the health and well being of it's citizens. In the final analysis, this must be the ultimate and predominate consideration.

Listed below are some of the Environmental Health programs conducted by our sanitarians that have a definite impact on the conditions that influence the life of an individual or community.

<u>Food Service and Food Establishment</u> - licensing and inspections to insure safe, clean eating establishments and grocery stores.

<u>Private Sewage Disposal</u> - site review and soils testing to determine suitability of the soils for on lot sewage disposal. Surveillance and testing of effluent to determine quality of the operation.

<u>Private Water Supplies</u> - site review and proper isolation from contaminates, inspect service of supply during construction and upon completion to assure proper construction and materials.

Water Sampling - sampling upon request and on new wells, evaluation of supply service and recommendations for improvements if deficiencies are found.

Rabies Control - our office by law receives all reports of persons bitten by animals. Animals are quarantined for an adequate period of time to eliminate the possibilities of the transmittal of this disease from animal to man. Animal owners are issued rabies immunization orders when necessary. Animal heads are secured and submitted to Ohio Department of Health Laboratory when need for rabies testing is indicated.

Mosquito Control - conduct surveys to determine source, type, extent and seriousness of mosquito problem. Apply control in form of insecticides and larvacide, conduct further surveys to determine effectiveness of controls.

Rodent Control - survey neighborhoods when problems exist to determine cause and source of infestation. Organize all parties involved for control measures, apply or give directions for controls or application of rodenticide.

School Environment - conduct school inspections to ensure a safe clean school environment for our children. Submit reports to the Board of Education, make recommendations for need improvements.

<u>Swimming Pools - Bathing Beaches</u> - conduct necessary water quality tests, check safety aspects and features.

<u>Camps, Parks, and Resorts</u> - review plans, issue operating permits, conduct inspections.

Mobile Home Parks, Vending Machine sanitation, Housing Premise Hygiene, Solid Waste Disposal and Nuisance Abatement.

Solid Waste

- 1. Infectious waste
- 2. Scrap tire laws
- 3. Compost facilities
- 4. Demolition waste

Close surveillance of the above programs by the sanitarians of this department help insure a clean safe environment.

ENVIRONMENTAL HEALTH PROGRAMS

Water Systems	195
Water Samples Secured	874
Evaluation Exist Water	114
Sewage Inspections/Consultations	777
Sewage Systems Installed	209
Evaluate Exist Sewer	182
Evaluation New Site	402
Animal Bites Investigated	329
Animal Heads Sent to Lab	⁸ 38
Positive Results	0
Insect Control Inspections/Consultations	35
Rodent Control Inspections/Consultations	67
Swimming Pool Inspections/Consultations	79
Nuisance Inspections/Consultations	218
Housing Inspections/Consultations	234
Vending Licenses Issued	91
Food Service Licenses Issued	435
Food Establishment Permits Issued	31
Water Permits Issued	279
Sewage Permits Issued	278
Solid Waste Inspections	496
Solid Waste Consultations	58
Food Service Inspections/Consultations	1,248
Vending Inspections	91

VITAL STATISTICS

The Tuscarawas County Health Department recorded 756 births and 600 deaths in 1996. Of the 600 deaths that occurred, 23 deaths were attributed to accidents; 17 highway, 5 home and 1 drowning.

The leading causes of deaths in Tuscarawas County were contributed to heart and circulatory, cancer and respiratory problems.

These and other records are maintained in the Vital Statistics Division at the Tuscarawas County Health Department. All live births and deaths that occur are recorded with the local registrar.

Funeral directors are responsible for filing a certificate for each death occurring in Tuscarawas County. The physician or person in attendance at the time of birth files a certificate of birth with the local registrar.

Certified copies of birth and death certificates are available at the state-mandated charge of \$7.00 each. Two dollars of this fee goes to the State Child Abuse Fund.

Your Health Department issued 5,154 birth and death certificates in 1996.

You may contact the vital statistics registrar during regular Health Department hours.

NURSING DIVISION

A variety of medical services are available to the residents of Tuscarawas County through the Health Department. Services range from prenatal care through the life span to in home care for the elderly. The staff consists of physicians, a dentist nurse practitioners, speech therapist, dietitians, nurses, social worker, aides and a contracted laboratory service. A sliding scale, medicaid, medicare, and private insurance all help make medical services available.

PRENATAL CLINIC

Prenatal services were initiated in 1996 under the direction of Dr. Marcel Nwizu, specialist in obstetrics and gynecology. His services are complemented by nursing, dietary, and socia worker specialists. If applicable to qualified patients, the WIC program is available to enhance the quality of patient services offered by the Health Department.

NEW: 91

VISITS: 694

WELL CHILD

Monitoring a child's growth, development, nutritional and immunization needs represent a vital part of ensuring the normal health of children in Tuscarawas County. Tests conducted during regularly scheduled well child appointments provide vital information to indicate if a child growing and developing normally. Prevention and/or early identification of problems are the emphasis of well child visits. Well child visits are available five days a week, Monday through Friday.

NEW: 667 VISITS: 1,137

EARLY INTERVENTION

Early Intervention is a birth to three year old preventative health care initiative. The Tuscarawas County Health Department serves as the fiscal agency for state funded grant program. This service, housed at Starlite School, is operated by a staff consisting of preliminary service coordinator, a parent coordinator and a clerk. A county collaborative from several child service agencies, including the Health Department, serves as program managers. The phone number to obtain information about early intervention services is (330) 339-9574.

FAMILY SERVICES

Dr. Michael Kelley serves as the Family Practice Physician and Medical Director for the Health Department. Family Practice is scheduled five days per week, Monday through Friday. On site laboratory services are available through LabCorp, an independent laboratory sub-contracted by the Health Department.

NEW:

1.093

VISITS: 6.833

NUTRITION/WIC PROGRAM

The Nutrition program at the Health Department provides relative information for a variety of programs. Included in these are Hospice, Passport, Private Patient and Prenatal Counseling, and the WIC program. Women, Infants and Children (WIC) is a federally funded program that provides nutrition counseling and supplemental foods to pregnant, post-partum and breastfeeding women plus infants and children to 5 years of age.

To qualify, the applicant must meet income requirements and have a medical reason or nutritional risk that can vary from low blood iron, high or low weight to an inadequate diet.

The federal government has made it possible for WIC to grow. Feasibility studies have proven this cost-effective health care program helps fight infant death and low birth weight and improves the diets of women and children. Every dollar invested in WIC for pregnant women produces \$1.92 to \$4.21 in medical savings for newborns and their mothers. Also children who participate in WIC appear to be better prepared for school. Four and five year olds whose mothers participated in WIC during pregnancy were found to have higher vocabulary scores. Children who participated in WIC after their first birth scored higher on memory tests.

WIC serves moderate to low income groups depending upon the family size, this includes one or two income families. Tuscarawas County WIC can serve monthly 2,100 or more clients through our sites in Dover and Dennison.

The nutritionist and program staff encourage breastfeeding for new mothers and their infants. The staff breastfeeding counselor can assist a new mom in getting off to healthy start. The nutrition department also provides speakers to area groups and agencies.

The Nutrition Coordinator is a consultant to the local Hospice agency and Passport program which is a home health program for the elderly in their homes.

NEW:

1,135

VISITS:

8.249

SPECIALTY CLINICS

Specialty clinics that focused on Neurology, Cardiology, Orthopedic and Hearing are coordinated by our community health nurses. These clinics provide an opportunity for children in Tuscarawas County to be evaluated by some of the best specialists in Northern Ohio at no cost to the family.

ORTHOPEDIC: 101 CARDIAC: 44 NEUROLOGY: 73 HEARING: 83

BUREAU FOR CHILDREN WITH MEDICAL HANDICAPS (BCMH)

The Bureau of Children with Medical Handicaps (BCMH) identifies children with medical handicaps or at risk for becoming handicapped. Nurses coordinate referrals for both diagnostic and follow-up treatment. As case managers, nurses serve as the liaison between the needs of the family and the medical community to ensure proper care and follow-up to the child's specific needs.

CASELOAD: 294 VISITS: 362

DENTAL SERVICES

Affordable dental care is available at the Tuscarawas County Health Department. Both preventative and restorative dental services are available Monday, Wednesday and Friday of each week. Please call the Health Department for an appointment.

NEW: 202 VISITS: 1,798

IMMUNIZATION CLINICS

Disease prevention is a major emphasis of the Health Department. Immunization efforts increased in 1996 with expansion of programs into area schools for staff and businesses for employees. The number of flu shots given to county residents nearly doubled over the previous year. Hepatitis B requests also increased significantly. Immunization clinics were held at the Health Department and at the satellite location at Twin City Hospital in Dennison. An evening walk-in clinic held once per month was a help to working parents. Special clinics were held to offer MMR 2 for sixth grade students, and immunization required for entry into seventh grade.

RABIES VACCINE: 4
PNEUMONIA VACCINE: 62
HEPATITIS B: 996
FLU VACCINE: 1,888
TOTAL IMMUNIZATIONS: 4,582
(DTP/HIB, OPV, MMR, DT, IPV)

COMMUNICABLE DISEASE CONTROL

Community Health and Clinic nurses work collaboratively to provide communicable disease surveillance and follow-up as per the guidelines issued by the Ohio Department of Health. Disease trends are tracked and monitored in Tuscarawas County.

CLINICAL SERVICES

A variety of medical services are provided for the residents of Tuscarawas County by the clinic staff.

FAMILY PLANNING

Information about prevention of sexually transmitted disease and guidance related to family planning are available through the Health Department. Some of the costs associated with this services are provided through Title X Federal Grant dollars. This funding was cut by the Federal Government in 1996 and was absorbed by other Health Department funds. A nurse educator and social worker work collaboratively to provide the education and counseling session that is the first step to entry in the program. The individual or group session covers information about family planning methods and sexually transmitted diseases. A complete physical exam and screening tests are then completed by a physician or nurse practitioner at a scheduled appointment. An advisory board consisting of local agency representatives collaborates on programmatic issues related to family planning.

NEW: 225 VISITS: 2.603

WALK-IN SERVICES

Appointments are recommended for most services at the Health Department. Popular walk-in services include Blood Pressure, Pregnancy Screening and Tuberculosis Testing. Appointments for these ensure prompt attention.

TB TESTS: 483 B/P CHECKS: 6,632 PREGNANCY TESTS: 464

SCHOOL HEALTH VISITATIONS

Community Health nurses provided an outreach to 14 schools in Tuscarawas County. These visits included monitoring of State mandated immunization compliance requirements. Families needing assistance are counseled to ensure each child is within public health guidelines for basic immunizations as required by Ohio Law. Other services included Scoliosis and Vision screening and appropriate referral and follow-up.

VISITS: 153
VISIONS SCREENED: 2,600
VISIONS RESCREENED: 318
VISIONS REFERRED: 218
SCOLIOSIS SCREENED: 357
SCOLIOSIS REFERRED: 67

SPEECH AND HEARING EVALUATIONS AND THERAPY

Speech and Hearing evaluations was provided for Head Start and for individuals referred to the Health Department for an evaluation. The speech therapist was available through the Health Department and Head Start facilities.

ADULT SPECIAL CLINICS

Many adult county residents found the special adult clinics to be a great opportunity for monitoring some aspects of their health status. Women's Health Day was popular in 1996. Basic health screening services, education on health related topics and counseling for problems were among the services provided.

WOMEN'S HEALTH DAY: 164

VOLUNTEER HOURS

<u>1996</u>

128.00
92.50
41.50
165.50
53.00
58.50
272.50
134.00
79.00
22.25
21.00
21.00
18.50
5.75
22.00
119.75
69.00

TOTAL HOURS

1,323.75