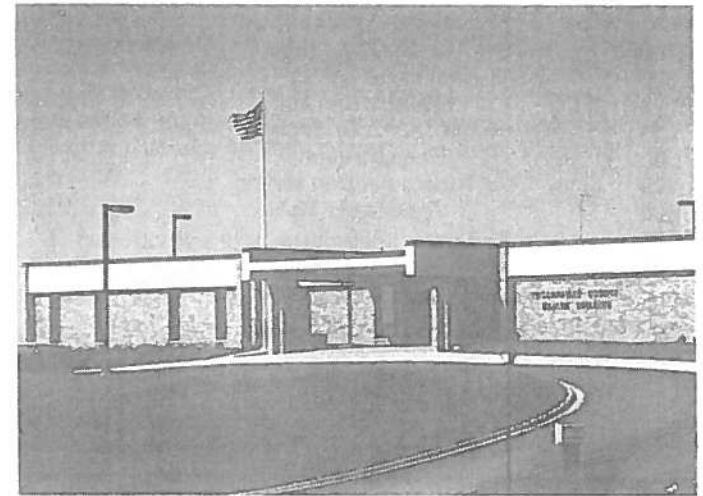




Tuscarawas County
GENERAL HEALTH DISTRICT



1989 Annual Report

*We Care
thru
Health Care*

- Primary Health Care Clinic
- Environmental Health
- Home Health Care
- Vital Statistics
- School Health
- Health Education
- Alcohol and Addiction Center

PRIMARY HEALTH CARE CENTER

The Tuscarawas County Health Care Clinic provides primary health care services to all residents of our county regardless of whether the resident does or does not have an entrance with the private sector for medical care. These health care services include:

| 1989 | Clinic Visits | 1988 |
|-------|--------------------------------------|-------|
| 2,692 | Well-child examinations | 2,353 |
| 2,773 | Pre-natal | 3,071 |
| 5,846 | Family Planning | 5,208 |
| 1,708 | Dental Clinic Care | 1,836 |
| 2,623 | All adult care, gynecological | 2,581 |
| 1,788 | Speech Therapy | 1,231 |
| 285 | Cardiac, P.O.D. & Orthopedic Clinics | 331 |
| 4,350 | Immunizations | 3,675 |
| 209 | Tuberculin skin testing | 331 |
| 968 | Pregnancy tests | 955 |
| 4,782 | WIC | 4,727 |
| 9,294 | Blood Pressure Screening | 9,536 |

Dental Services

The Tuscarawas County General Health District Dental Clinic provides its patients with affordable and necessary dental care. The Dental Clinic staff provides patients with both preventative and restorative dental services.

Family Planning Services

The Family Planning staff provides physical examinations, education and counseling to those men and women desiring the choice of when to begin a family and the spacing of their family. Family Planning education is also presented to schools and other groups that desire information.

Prenatal and Post-Partum Services

Prenatal care encourages expectant mothers to begin care for their unborn child as soon as possible and post-partum care focuses on helping new mothers care for their newborn. Consultative and educational sessions are presented on nutrition, medical assessment, child development, exercise and child safety.

Women's Health Day

In conjunction with Women's Health Month the Health Department sets aside two days exclusively for screens and lab work.

| May 3, 1989 | | Sept. 27, 1989 |
|-------------|--------------------|----------------|
| 102 | Paps | 86 |
| 131 | Blood Pressure | 102 |
| 60 | Tetanus/Diphtheria | 44 |
| 122 | Cholesterol | 101 |
| 120 | Glucose | 100 |
| 51 | Mammograms | 74 |
| 131 | Hematocrits | 100 |

Videocassettes were shown on a variety of subjects. Education on diet and nutrition was available by nutritionists. In September, guest speakers presented programs on various subjects dealing with Women's Health. We hope to offer similar programs at least annually.

Tuscarawas and Carroll Counties Alcohol and Addiction Center

The Alcohol and Addiction Center has shown a high degree of effectiveness over the past years. In addition to being certified by the Ohio Department of Alcohol and Drug Addiction Services the program has recently obtained mental health (S.B. 3) certification. This designates our center as the only one in Tuscarawas and Carroll counties that is qualified to treat the full range of chemical dependency disease.

In 1989, our local outpatient program demonstrated a 60% approved discharge rate. This is remarkable given the extensive care problems our counselors encounter. The center has also begun treating substance abusers who are experiencing mental health or emotional problems. Our program is partially funded by the Community Mental Health, Alcohol and Drug Services Board.

Services

The Alcohol and Addiction Center views alcoholism as a chemical dependency as major health problems. As with a disease, chemical dependency affects not only the individual but the whole family. The Alcohol and Addiction Center's services include individual and group counseling, family counseling, information, referral, and Antabuse therapy. Since the agency is housed in a public health setting, medical as well as behavioral needs are met. The center is also involved in a job domestic violence project with Harbor House, Inc. Also, weekly group therapy called "Problem Dependency Clinic" is held every Wednesday.

Mission

The mission of the Alcohol and Addiction Center is to safely detoxify the individual via outpatient supervision or by referring to inpatient detoxification/rehabilitation services. It must be remembered that chemical dependency is a primary disorder that must be treated first in order to apply other treatments for additional problems. The dependency must be placed in perspective and then underlying conditions can be treated.

Chemical Dependency Prevention and Education

Another service of the Alcohol and Addiction Center is a prevention and educational program. It is led by the only Ohio Certified Prevention Consultant in two counties. Goals include distributing information and presenting programs to various organizations and schools. Presentations are available in areas of drug addiction, alcoholism, codependency, prevention, intervention or treatment concerns. The Alcohol and Addiction Center also conducts a DUI Counterattack School and Remedial Driving Course. The establishment of a peer counseling program along with curriculum and school policy development marked this effective prevention program. Prevention activities save future treatment costs.

Alcohol and Addiction Center Data - 1989

| | CLIENTS | SESSIONS |
|--------------------------------|---------|----------|
| Individual & Family Counseling | 334 | 1 |
| Group Therapy | 175 | |
| Antabuse Program | 20 | |

HEALTH DEPARTMENT HOURS

Monday through Friday 8:00 am to 4:00 pm
(Extended clinic hours on Mondays)

HEALTH DEPARTMENT LOCATION

897 E. Iron Ave., Dover, Ohio 44622-0443

FOR INFORMATION OR AN APPOINTMENT

Call 343-5555 or 254-9371 (toll free)

SATELLITE CLINIC LOCATIONS

Periodically throughout the month in the following areas

Uhrichsville - 222 N. Main Street

Newcomerstown - 149 Bridge Street

Sugarcreek - United Methodist Church, 208 N. Broadway

Carrollton - 331 W. Main Street

627-5891

Appointments are necessary

HEALTH DEPARTMENT SERVICES SCHEDULE

All services are at the main health department
location unless otherwise indicated.

| SERVICE | WHEN | ELIGIBILITY |
|----------------------------------|--|-----------------|
| Alcohol & Addiction | Mon. - Fri. Mon., Wed., Fri. Carrollton | ALL ALL |
| Cardiac Clinic | Quarterly | Birth - 21 yrs. |
| Hearing (POD) Clinic | Quarterly | Birth - 21 yrs. |
| Orthopedic Clinic | Every other month | Birth - 21 yrs. |
| Immunizations | Wed. 8-2, Fri. 8-11 Satellite Clinics (see above) | ALL ALL |
| OB/GYN | Mon., Tues., Thurs. | Women |
| Well-Child | Mon.-Thurs. Uhrichsville & Newcomerstown, Satellite Clinics (see above) | ALL ALL |
| Car Safety Seats | Mon.-Fri. | Birth - 4 yrs. |
| Family Planning Clinic | Mon.-Fri. | ALL |
| Family Planning Counseling | Mon. | ALL |
| Speech Therapy | Mon. - Fri. | ALL |
| Sexually Transmitted Diseases | Mon. - Thurs. | ALL |
| Family Practitioner | Tues. 8-4 - Thurs. 8-12 Wed. 8-12 | ALL |
| Tuberculin Test | Wed. 8-11, Fri. 12-3 | ALL |
| Pregnancy Tests | Mon.-Fri. | Suspected Preg. |
| Allergy Injections | By Appointment | ALL |
| Dental Clinic | Mon., Wed., Fri. | ALL |
| Env. Health Permits | Mon.-Fri. | ALL |
| Env. Health Complaints | Mon.-Fri. | ALL |
| Vital Statistics | Mon.-Fri. | ALL |
| Health Education | Mon.-Fri. | ALL |

HEALTH EDUCATION

The Tuscarawas County General Health Department Health Educator promotes awareness of disease prevention methods wellness services and traffic safety within Tuscarawas County to individuals and groups of all ages. Public speaking engagements, media presentations and tours of the Health Department are available on a no-charge basis.

“OUR CONCERN IS YOUR GOOD HEALTH”

Many people don't realize it, but if you live and breathe in Tuscarawas County you are a recipient of your Health District services.

Public Health consists of working through organized community effort to prevent disease, promote health and improve the quality of life for everyone. While a few aspects of public health deal with treatment of diseases or infirmity, the main thrust of a community Health Department is toward disease prevention and health promotion through appropriate personal and environmental health services to people.

Good public health services are aimed at helping each individual achieve the level of health which allows him or her to reach his or her maximum potential. It is also clear that community health serves everyone - whether or not one ever personally visits the Health Department. Through preventative services which exert a restraining effect on the cost of health care generally, public health services help you save your money while you save your health.

This report is intended to inform you of your Health Department's many services and we hope that it will assist you in getting the most out of your Health Department. Feel free to call us about any of these services. After all, they are for everyone.

TI
ider
to by
avoi

D
Soli
Wha
mer
wat
the
recy
coo
env

T
env
hea
faci
con
the

If
maj
Pec
our
env

198
107
573
134
367
238

247
90

152
638
78

148
22
(

90
410
40
190
150

140
80

**RECEIPTS & EXPENDITURES
(ALL FUNDS)**

RECEIPTS:

1989

| | |
|--|-----------------------|
| Beginning Balance | \$111,064.22 |
| Health Levy R/B | \$555,192.08 |
| Grants | 426,689.27 |
| Title XIX (Medicaid) | 241,992.23 |
| Patient Pay | 154,255.27 |
| State CHA Contract | 119,536.61 |
| Title XVIII (Medicare) | 68,024.98 |
| Landfill Licenses | 60,250.00 |
| Subdivisions | 50,000.00 |
| Aging Contract | 40,260.00 |
| Vital Statistics | 37,725.00 |
| Insurance | 34,319.92 |
| Speech Therapy | 30,178.78 |
| Dental | 28,417.52 |
| Permits & Licenses | 26,430.00 |
| State Subsidy | 24,701.54 |
| Restaurant & Vending Licenses | 21,944.00 |
| Water System Fees | 13,265.00 |
| Mosquito Program | 7,030.10 |
| Title XX | 6,265.72 |
| TB Registry | 5,600.00 |
| DUI & 2-Pt. Reduction | 4,460.27 |
| Water Supplies | 3,468.00 |
| Total Receipts 1989: | \$1,960,056.29 |
| Total Receipts & Bal. 1989: | \$2,071,120.51 |

EXPENDITURES:

| | |
|---------------------------------|-----------------------|
| Saiairies | \$1,128,812.54 |
| Contracts | 132,082.82 |
| P.E.R.S. | 128,978.18 |
| Medical & Life Insurance | 123,170.75 |
| Other | 110,354.89 |
| Supplies | 95,774.89 |
| Remittance to State | 76,027.96 |
| Travel | 59,778.23 |
| Workmen's Compensation | 29,022.92 |
| Equipment | 12,059.00 |
| Rental | 6,902.50 |
| Medicare Insurance | 5,932.16 |
| Total Expenditures 1989: | \$1,908,896.84 |

Tuscarawas County General
Health District
897 E. Iron Ave., P.O. Box 443
Dover, OH 44622-0443
Telephone: 343-5555 or 254-9371

Advisory Council
Budd Deuker, *Chairman*
Guy M. Smith, *Secretary*

| Board of Health | Term Exp. |
|----------------------------------|------------------|
| Dorothy Reed, R.N., <i>Pres.</i> | 1990 |
| Terry Hiller, <i>Vice-Pres.</i> | 1992 |
| David T. Tarr | 1994 |
| Douglas Peterman | 1994 |
| Elmer Ladrach | 1993 |
| Thomas Burkey | 1991 |
| Edgar Davis, Jr., M.D. | 1990 |

Health Commissioner
Medical Director
Robert C. Hastedt, M.D.

Executive Director of Health Services
Larry Keeton

Supervisors
Linda Fanning, *Director of Operations*
Earl Paulus, R.S., *Director,*
Environmental Health
Roger Fanning, R.S., *Asst. Director,*
Environmental Health
Virginia Kalejs, R.N., *Director of*
Clinic Services
Claudia Arnold, R.N., B.S.N., *Director,*
Community Health
Anthony Incarnato, M.A., *Director,*
Alcohol & Addiction Ctr.
Robert Riley, *Maintenance*
Patricia Figuly, *Nutrition Supervisor*

Health Educator
Linda L. Smucker

W.I.C. Advisory Board

Function of the committee:

1. Provide input relative to local WIC Project administration.
2. Improve coordination between represented groups.
3. Assist in the implementation of required program changes.
4. Assist in outreach and program expansion.
5. Provide input to the State Agency upon request.

The Advisory Committee makes suggestions within the limits of federal and state regulations and guidelines which they feel will result in a more effective WIC program. The committee does not set policy or establish procedure. Meetings are held quarterly.

The Advisory Committee Members are:

Michelle Riggle
Sister Claudine Smith, C.S.S.
Eileen Welker, M.S.
Barbara Byrd
Tina Roth
Carolyn Willoughby
Diana Jones, L.P.N.
Claudia Arnold, R.N., B.S.N.
Linda Rossi, M. Ed.
Patricia Figuly, L.D.
Rita Amstadt, R.D., L.D.
Patricia Green, R.N.
Jennifer Kneuss
Linda Smucker

Home Health Agency Advisory Board

The Home Health Agency's Advisory Board is representative of the community. Duties of the Advisory Board include: assisting with program evaluation, reviewing and making recommendations in the planning process, budget and agency policies and assisting in maintaining liaison with other health care providers in the community.

The Advisory Board Members are:

Bharat Oza, M.D.
Mrs. Penny Zurcher
Mrs. Pat Breniser
Mrs. Joan Lang Jr.
Mrs. Millie Weston, R.N.
Mrs. Sue Rees
Mrs. Norma Haglock
Mrs. Doris Meese
Mrs. Jane Schoof, P.T.
Mrs. Carole Henderson
Mrs. Connie Ivan, R.N.
Mrs. Melba Eichel
Mr. Larry Keeton
Mrs. Claudia Arnold, R.N., B.S.N.

1989 Volunteer Program

The Health Department has an ongoing Volunteer Program with a coordinator responsible for recruitment, training and screening.

With the volunteer help, we are able to extend the comprehensive services offered.

We recognize and extend our sincere appreciation to the following volunteers:

| | |
|---------------------|--------------------|
| Dan Aldergate | *Carole Logan |
| Laura Abel | Delores J. Lohrman |
| Holly Bowers | *Marian Morris |
| Lou Frownfelter | Catherine Masten |
| Suzanne Goodwin | Mildred Painter |
| Joy Grewell | *Retired Seniors |
| Teresa Howell | Lawanda Rohr |
| Misti Huebner | Linda Rossi |
| Dorothy Hufford | School Volunteers |
| Stephanie Incarnato | Andrea Shores |
| Maryann Kyle | Denise Thompson |
| Jennifer Kneuss | Beverly White |
| | Suzanne Zivic |

*All volunteers who contributed over 100 hours of service.

Accomplishments

- * The Alcohol and Addiction Center instituted a primary child abuse prevention project, Peer Assistance League.
- * Established Traffic Safety Program that received State recognition.
- * Instituted a new dental denture program in concert with Human Services.
- * All current grants were renewed reflecting increases and was awarded several new smaller grants.
- * Conducted a case study to determine the relationship between mental illness and alcohol and addiction abuse to ascertain the most effective method of care using cost efficiency.
- * Through reorganization, established an effective Community Health Program in concert with clinical services to better serve our patients.

Future Goals

- * Expand Alcohol and Addiction services to the Uhrichsville, Dennison area.
- * Implement a fee scale for alcohol prevention specialist services.
- * Intensify activity in solid waste control recycling of material and water quality preservation.
- * Investigate the potential of instituting a new Community Health Program.
- * Review the various aspects of PATHS Wellness Program.
- * Continuing computerization of the Health District for overall operational efficiency.
- * Participate with other agencies and citizen groups in the development of more efficient waste collection and disposal system to save our natural resources.
- * Work with area agencies in organizing and planning a local collaborative early intervention service.

COMMUNITY HEALTH SERVICES

Your Tuscarawas County Health Department's Home Health Care service rendered 11,878 visits to homes of residents of Tuscarawas County in 1989. These visits included the services of registered nurses, speech therapists, a physical therapist, home health aides, and homemaker-home health aides.

To be eligible for most home services, one must be under the care of a physician. Referrals may come from the physician, hospital, the family or the patient.

These home health services can allow some patients to remain living in their homes or apartments despite illness or disability. The services are frequently necessary for a short period of time following hospitalization.

The homemaker-home health aide service is one of the fastest growing elements of home health care today. Anyone can call in a referral for a need of these services and no doctor's order is needed for our agency to supply this help.

The home health aide can do personal care such as bathing, homemaking or home management tasks which can include light house cleaning, shopping, and laundry.

Infant Visits

County nurses do make home visits to infants at risk, usually during the first two months of life. This group of babies can include those needing extended hospitalization at birth, or babies of mothers who had difficult or abnormal pregnancies and deliveries.

Children Being Helped by Bureau of Children with Medical Handicaps

County nurses attempt to visit the homes of these children one to two times yearly. The R.N.'s attempt to coordinate services in our county with the plan the children's physician has developed for treatment of the child. Our county has had between 80 to 100 children being assisted by the Bureau at most times during the 1980's. The Bureau is available to help families, financially, if they have a child under 21 who has a medical condition that is chronic or potentially handicapping.

School Health Nursing

The County School Nursing Program is also provided by the Home Health and Outreach Services Division, providing services in eight (8) local school districts in 1989. A total of 331 school nursing visits were provided during the year. The nursing staff provides screening services such as hearing, vision and scoliosis (spinal curvature). Students needing treatment for hearing, vision or scoliosis related problems are referred to the proper health care professionals. The nursing staff also assists

ENVIRONMENTAL HEALTH

The two positive rabies tests listed below represent 14% of the identified rabies in Ohio this year. A skunk and a bat were found to be rabid. We urge everyone to have your pets immunized and avoid contact with wild animals.

During this year you have heard and read many things about Solid Waste. Where is it buried? How much is it going to cost? What about recycling? State requirements are being implemented to reduce the landfill volume and protect our ground water supplies. Grass clippings, tree trimmings and tires will be the first items eliminated from landfill disposal. Mandatory recycling will most likely be a future requirement and everyone's cooperation will be necessary if we want to protect our environment.

The statistics below reflect only part of the activities of your environmental health staff. Other important areas of public health service include the annual inspection of all school facilities, swimming pools and campgrounds. The rodent control and mosquito control programs require many hours of the sanitarian's day during the summer season.

If you review our programs, you can readily see that the majority of environmental problems are created by people. People are the cause and people are the solution. Remember, our future generation's lifestyle will be determined by the environment we leave them.

| | Environmental Services Report | |
|------|-------------------------------------|------|
| 1988 | | 1989 |
| 107 | Total Water Installations Completed | 106 |
| 573 | Total Water Samples Secured | 524 |
| 134 | Sewage Systems Completed | 150 |
| 367 | Sewage Inspections Done | 596 |
| 238 | Sewage Consultations | 221 |
| 247 | Total Water Inspections Done | 252 |
| 90 | Total Water Consultations | 164 |
| 152 | Vending Inspections | 104 |
| 635 | Food Service Inspections | 543 |
| 75 | Food Service Consultations | 218 |
| 149 | Animal Bites Investigated | 176 |
| 22 | Animal Heads Sent to Lab | 27 |
| 0 | Positive Results | 2 |
| 93 | Vending Licenses Issued | 97 |
| 413 | Food Service Licenses Issued | 405 |
| 40 | Food Establishment Permits Issued | 40 |
| 192 | Water Permits Issued | 198 |
| 158 | Sewage Permits Issued | 166 |
| 140 | Total Nuisance Inspections | 156 |
| 89 | Total Nuisance Consultations | 93 |

TUSCARAWAS COUNTY GENERAL HEALTH DISTRICT

1989 A fine ending decade March 1990

This Annual Report of the General Health District reflects the broad range of services provided to the residents of Tuscarawas and contiguous counties.

Prudent use of the available monies, health levy funds, maintaining state and federal grants, reasonable fees, 3rd party payors, enabled the District to continue the deliverance of our comprehensive range of direct and educational health services. It continues to be our pleasure and goal to provide these services cost effectively to all residents of the Health District.

The continued philosophy of conducting special diagnostic screenings, addition of new programs and expansion of current programs were provided to County citizens. Education and special screenings were again conducted at area schools and businesses. The enhancement of our alcohol and addiction program was reflected with the addition of a mental health certification. A new preventative program, traffic safety, received recognition from the Ohio Department of Transportation. Also, the Health District introduced a new homemaker-home health aide program that has been received openly by residents needing this service.

As public health workers, it is our extreme pleasure to bring you this wide range of public health services throughout the year. Your support and expressions of interest indicates an ever increasing awareness of public health and the positive effect it has on the overall community. Public Health in some fashion reaches out and touches each one of us at some time during our lives.

As always, we wish to thank the many citizens and volunteers who continue to support our daily efforts. We will strive to continue delivering quality public health services to you and your neighbors in the most cost effective manner . . . in cooperation with other public and private health care providers in our community.

Sincerely,

Larry L. Keeton
Executive Director

Robert C. Hastedt, M.D.
Health Commissioner

VITAL STATISTICS

The Vital Statistics division of your Health Department maintains records of the births and deaths in Tuscarawas County since 1908. The attending physician or person in attendance at the time of birth files a certificate with the local registrar for each live birth occurring in the County. The funeral director is responsible for filing a certificate for each death occurring in the County.

Certified copies of birth and death certificates are available at the state-mandated charge of \$7.00 each. Two dollars of this fee goes to the State Child Abuse Fund. You may contact the Vital Statistics Registrar during regular Health Department hours. Your Health Department issued 5,181 birth and death certificates in 1989. There were 633 births in Tuscarawas County during 1989.

The following data has been compiled from the original certificates of death.

| Leading Causes of Death | 1989 | 1988 | 1987 |
|--------------------------------|-------------|-------------|-------------|
| Heart & Circulatory | 282 | 317 | 311 |
| Respiratory | 91 | 100 | 122 |
| Cancer | 59 | 80 | 45 |

Nutrition Services

The Nutrition Staff provides instruction and consultation of a varied clientele. All persons referred by the clinic Family Practice Physicians, Nurse Practitioner and Private Physicians are given individual instruction by appointment. All clinic prenatals are instructed individually and in classes. The classes are available to anyone interested in participating.

Consultation is provided to the Tuscarawas County Jail and Headstart food services; plus the Family Planning program, Alcohol and Addiction Center, Community Health Service and School Health Nursing.

Public speaking engagements and media presentations are provided on a no-charge basis.

W.I.C.

The Women, Infants and Children's Program; a special health program funded by the U.S.D.A. and administered by the Ohio Department of Health and Tuscarawas County General Health District, helps correct nutrition related health problems pertaining to mothers and their children by providing nutritional assessments, supplemental foods and nutrition information.

Women must be pregnant, less than six months post-partum, or breastfeeding an infant less than one year old to be eligible. Children must be less than five years old. Eligibility is also based on medical/nutritional evaluation, economic needs and area of residence.

Staff members are active on Advisory Boards for Headstart, PFC Coop. Ext. They participate in Community and health awareness promotions. The Licensed Dietitians are active in local, state and nation nutrition organizations. Attendance at