

# 1988 Annual Report

We Care thru Health Care

- Primary Health Care Clinic
- Environmental Health
- Home Health Care
- Vital Statistics
- School Health
- Health Education

### PRIMARY HEALTH CARE CENTER

The Tuscarawas County Health Care Clinic provides primary health care services to all residents of our county regardless of whether the resident does or does not have an entrance with the private sector for medical care. These health care services include:

1988	Clinic Visits	1987
2,353	Well-child examinations	1,866
3,071	Pre-natal	2,353
5,208	Family Planning	5,343
1,836	Dental Clinic care	1,711
2,581	All adult care, gynecological	2,507
1,231	Speech Therapy	899
331	Cardiac, P.O.D. & Orthopedic Clinics	279
3,675	Immunizations	3,583
331	Tuberculin skin testing	272
955	Pregnancy tests	937
4,727	WIC	4,455
9,536	Blood Pressure Screening	8,526

#### **Dental Services**

The Tuscarawas County General Health District Dental Clinic provides its patients with affordable and necessary dental care. The Dental Clinic staff provides patients with both preventative and restorative dental services.

#### **Family Planning Services**

The Family Planning staff provides physical examinations, education and counseling to those men and women desiring the choice of when to begin a family and the spacing of their family. Family Planning education is also presented to schools and other groups that desire information.

#### **Prenatal and Post-Partum Services**

Prenatal care encourages expectant mothers to begin care for their newborn child as soon as possible and post-partum care focuses on helping new mothers care for their newborn. Consultative and educational sessions are presented on nutrition, medical assessment, child development, exercise and child safety.

#### Women's Health Day

In conjunction with Women's Health Month the Health Department set aside two days exclusively for screens and lab work.

May 11, 198	38	Sept. 28, 1988
77	Paps	74
107	Blood Pressure	95
73	Tetanus/Diptheria	60
69	Tuberculin Tests	_
106	Cholesterol	94
104	Glucose	94
38	Mammograms	57
102	Hematocrats	95

Videocassettes were shown on a variety of subjects.

Education on diet and nutrition was available by nutritionists.

# Tuscarawas and Carroll Counties Alcohol and Addiction Center

The Alcohol and Addiction Center has shown a high degree of effectiveness over the past years. In addition to being certified by the Bureau on Alcohol Abuse and Alcoholism Recovery, the program has obtained certification from the Bureau of Druc Abuse. This designates our center as the only one in Tuscarawas and Carroll counties that is qualified to treat the full range of chemical dependency disease.

In 1988, our local outpatient program demonstrated a 69% approved discharge rate. This is remarkable given the extensive care problems our Counselors encounter. The center has also began treating substance abusers who are experiencing mental health or emotional problems. This new emphasis prompted the Community Mental Health Board to fund our project for the first time.

#### Services

The Alcohol and Addiction Center views alcoholism and chemical dependency as major health problems. As with any disease, chemical dependency affects not only the individual, but the whole family. The Alcohol and Addiction Center's services include individual and group counseling, family counseling, information and referral, and Antabuse therapy. Since the agency is housed in a public health setting, medical as well as behavioral needs are met. The center is also involved in a joint domestic violence project with Harbor House, Inc. Also, a weekly "Problem Dependency Clinic" is held every Wednesday.

#### Mission

The mission of the Alcohol and Addiction Center is to safely detoxify the individual via outpatient supervision or by referral to inpatient detoxification/rehabilitation services. It must be remembered that chemical dependency is a primary disorder that must be treated first in order to apply other treatments for additional problems. The dependency must be placed in remission and then underlying conditions can be treated.

#### **Chemical Dependency Education**

Another service of the Alcohol and Addiction Center is the prevention and educational program. This includes distributing information and presenting programs for area organizations and schools. Presentations are available in the areas of drug addiction, alcoholism, codependency and prevention, intervention or treatment concerns. The Alcohol and Addiction Center also conducts a DWI Counterattack School and Remedial Driving Course. The establishment of peer counseling programs, curriculum and school policy development marked this effective prevention program. Prevention activities save future treatement costs.

#### Alcohol and Addiction Center Data 1988

	CLIENTS	SESSIONS
ndividual & Family Counseling	342	1252
Antabuse Program	20	58
Harbor House contract	17	167

# **ENVIRONMENTAL HEALTH**

Many of us consider 1988 "the year of the drought". Your sanitarians call it the year of the change.

Changes in landfill regulations, changes in our water quality and changes in the activities necessary to provide adequate Public Health protection. Legislation has and will change landfill operations and costs dramatically for the next several years. If we are going to protect our environment, we each must be willing to assume our community responsibilities and our fair share of the costs involved. People are the cause of and the solution to pollution.

Our most valuable natural resource cannot be valued in terms of dollars. We must support the legislation, comply with the rules and be willing to assume the responsibility to protect it. Without ground water there would be no life in Tuscarawas County.

There are days when Environmental telephone calls seem never to end. Each call from someone with an environmental concern. Some are personal problems, some are community problems. We appreciate your interest in our environment and we will continue to respond to your concerns when it is within our power to do so.

1987	<b>Environmental Services Report</b>		
74		1988	
560	Total Water Installations Completed	107	
	Total Water Samples Secured	573	
97	Sewage Systems Completed	134	
125	Sewage Inspections Done	367	
231	Sewage Consultations	238	
100		200	
108 70	Total Water Inspections Done	247	
70	Total Water Consultations	90	
83	Man alt in the control of		
479	Vending Inspections	152	
44	Food Service Inspections	635	
- ' '	Food Service Consultations	75	
143	Animal Bites Investigated		
30	Animal Heads Sent to Lab	149	
0	Positive Results	22	
	ositive nesults	0	
87	Vending Licenses Issued		Ē
402	Food Service Licenses Issued	93	
45	Food Establishment Permits Issued	413 40	
175	Water Permits Issued		9
139	Sewage Permits Issued	192 <sup>1</sup> 158	
00		190	
62	Total Nuisance Inspections	140	
87	Total Nuisenes Commission	170	

**Total Nuisance Consultations** 

# TUSCARAWAS COUNTY GENERAL HEALTH DISTRICT

This Annual Report of the General Health District depicts the numerous public health services provided to the residents of Tuscarawas and contiguous counties during 1988. The broad range of services, including primary health care, disease prevention, health education, substance abuse programs as well as the additional specialty preventative medicine days, programs in Community Health and the Clinic are reflected in this report.

Availing health levy funds, maintaining state and federal grants, reasonable fees, along with intensifying collection from 3rd parties, the Agency was able to continue the deliverance of our comprehensive range of direct and educational health services. It continues to be our pleasure and goal to provide these services cost effectively to all residents of this Health District.

The expansion of special diagnostic screening days, addition of new programs and expansion of current programs were made available to area citizens. Education and special screenings were performed at various affairs and businesses throughout the county. Because of our intense interest in preventative medicine and public awareness, a Women's Health Day was held twice during the year. Several diagnostic services were made available as well as data regarding women's health. The Agency continued to expand its substance abuse counseling and education. Visibility of the many Health District services through appropriate publications, news articles, radio programs, school programs and personal appearances. Showing our desire to deliver comprehensive care the Agency reintroduced its pediatric program with the addition of a Board Certified Pediatrician

It is our extreme pleasure as public health workers to bring you this wide range of public health services throughout the year. Your support and expressions of interest indicates an ever increasing awareness of public health and the positive effect it has on the overall community. Whether you visit our local offices or one of the satellites, public awareness is a benefit and an area we all need to increase our knowledge.

Most important, we wish to thank the many citizens and volunteers who continue to support our daily efforts. We will strive to continue delivering quality public health services to you and your neighbors in the most cost effective manner . . . in cooperation with other public and private health care providers in our community.

Sincerely,
Larry L. Keeton
Executive Director
Robert C. Hastedt, M.D.
Health Commissioner

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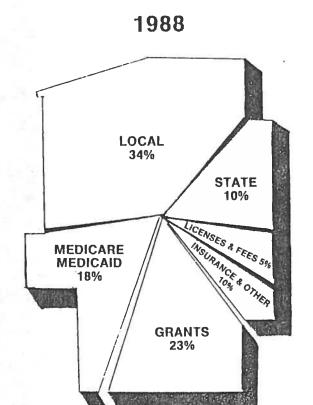
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Ma saniti	RECEIPTS & EXPENDITURES (ALL FUNDS)		
Ch	RECEIPTS:	1988	
and (	Beginning Balance	\$108,756.49	
Publi landf	Speech Therapy	\$ 24,824.56	
years	Clinic Fees	108,342.74	
be wi	Title XIX (Medicaid)	210,874.04	
share solut	Title XVIII (Medicare)	71,168.20	
	Grants	396,154.80	
Ou of do	Insurance	35,401.05	
and t	Vital Statistics	38,562.70	
groui	Misc. Permits & Licenses	14,924.00	
Th	State Subsidy	22,103.15	
neve	Subdivisions	50,000.00	
conc probl	Health Levy R/B	545,203.95	
we w	TB Registry	5,600.00	
our p	DWI & 2-Pt. Reduction	7,600.73	
24	Title XX	6,076.88	
	Restaurant & Vending Licenses	23,274.00	
1987	Water System Fees	13,538.00	
74	Water Samples	2,619.00	
560	Aging Contract	25,530.00	
97	State DHS: OHA Contract	158,994.87	
125 231	Total Receipts 1988:	\$1,760,792.67	
231	Total Receipts & Bal.:	\$1,869,549.16	
108			
70	EXPENDITURES:		
83	Salaries	\$1,079,581.62	
479 44	Supplies	88,933.84	
7.7	Contracts	110,708.58	
143	Rental	30,880.00	
30 0	Travel	55,354.90	
O	PERS	124,229.09	
87	Workmen's Compensation	36,469.49	
402 45	Medical & Life Coverage	103,522.59	
175	Other	94,717.25	
139	Equipment	8,899.66	
60	Remittance to State	19,937.12	
62 87	Medicare Insurance	5,250.80	
	Total Expenditures:	\$1,758,484.94	
	= 00 -	£ 444.004.00	



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YOUR HEALTH DEPARTMENT FUNDING

Tuscarawas County General Health District 897 E. Iron Ave., P.O. Box 443 Dover, OH 44622 Telephone: 343-5555 or 254-9371

Advisory Council
Budd Deuker, Chariman

Guy M. Smith, Secretary

Board of Health	Term Exp.
Terry Hiller, Pres.	1992
Dorothy Reed, R.N., Vice-Pres.	1990
Elmer Ladrach	1993
Thomas Burkey	1991
Edgar Davis, Jr., M.D.	1990
Gerald Herron	1989
Douglas Peterman	1989
	1909

Health Commissioner Medical Director Robert C. Hastedt, M.D.

# Executive Director of Health Services Larry Keeton

### Supervisors

Linda Fanning, Director of Operations
Earl Paulus, R.S., Director,
Environmental Health
Roger Fanning, R.S., Asst. Director,
Environmental Health
Virginia Kalejs, R.N., Director of
Clinic Services
Claudia Arnold, R.N., B.S.N., Director,
Community Health
Anthony Incarnato, M.A., Director,
Alcohol & Addiction Ctr.
Robert Riley, Maintenance
Patricia Figuly, Nutrition Supervisor

Health Educator Linda L. Smucker

# W.I.C. Advisory Board

Function of the committee:

- Provide input relative to local WIC Projec administration.
- Improve coordination between represel groups.
- Assist in the implementation of requiprogram changes.
- 4. Assist in outreach and program expansion
- Provide input to the State Agency up request.

The Advisory Committee makes suggesting within the limits of federal and state regular and guidelines which they feel will result is more effective WIC program. The committees not set policy or establish procedule Meetings are held quarterly.

The Advisory Committee Members are:

Michelle Riggle

Sister Claudine Smith, C.S.S.

Eileen Welker, M.S.

Barbara Byrd

Tina Roth

Carolyn Willoughby

Diana Jones

Claudia Arnold, R.N., B.S.N.

William Kilcherman

Gary Gibson

Linda Rossi, M.Ed.

Patricia Figuly, L.D.

Rita Amstadt, R.D., L.D.

Patricia Green, R.N.

Jennifer Kneuss

#### **Home Health Agency Advisory Board**

The Home Health Agency's Advisory Board is representative of the community. Duties of the Advisory Board include: assisting with program evaluation, reviewing and making recommendations in the planning process, budget and agency policies and assisting in maintaining liaison with other health care providers in the community.

The Advisory Board Members are:

Bharat Oza, M.D.

Mrs. Penny Zurcher

Mrs. Pat Breniser

Mrs. Joe (Joan) Lang Jr.

Mrs. Millie Weston, R.N.

Mrs. Edgar (Sue) Rees

Mrs. Harold Meese

Mrs. David (Jane) Schoof, P.T.

Mrs. Connie Henderson

Mrs. Connie Ivan, R.N.

Mr. Larry Keeton

Mrs. Claudia Arnold, R.N., B.S.N.



#### 1988 Volunteer Program

The Health Department has an ongoing Volunteer Program with a coordinator responsible for recruitment, training and screening.

With the volunteer help, we are able to extend the comprehensive services offered.

We recognize and extend our sincere appreciation to the following volunteers:

\*Audrey Barr

Cheryl A. Herron

Jane A. Bucher

Stephanie Incarnato

Barbara A. Cunningham

Mary Ann Kyle

Geralyn Colvin

Jennifer Kneuss

Hester Colwell

Delores J. Lohrman

LaVonne Chumney

Tina Lord

Dalyn DeMattio

\*Carole Logan

Lou Frownfelter

\*Laurel AcAbier

**Betty Fenton** 

\*Marian J. Morris

Anna Ford

Michelle Riggle

Suzanne Goodwin

Andrea Shores

Linda K. Gibbs

Rose Shortt

\*Dorothy Hufford

\*Senior Citizens

Susie Zivic

<sup>\*</sup>All volunteers who contributed over 100 hours of service.

#### Accomplishments

- \* Started a twenty-four (24) hour Homemaker-Home Health Aide Service.
- Re-established the comprehensive pediatric program with the addition of a Board Certified Pediatric Physician.
- \* Completed the Agency's disaster program relative to its part in the county and presented the program to its employees.
- \* Secured a Home Health Aide contract with the Area Agency on Aging, Region 9, Inc.
- \* The Alcohol and Addiction Center instituted a comprehensive Quality Assurance program in conjuction with Community Health and the Clinic section of the Health Department.
- \* Initiated an annual Women's Health Day, so well received and at the urging of clients and their friends, the Agency is now conducting this program semiannually.

#### **Future Goals**

- Investigate the potential of instituting new dental programs for both adolescents and adults.
- \* Enhance Community Health efficiency visits through structure adjustments in the organization.
- \* Institute child restraint and bicycle safety education programs for students utilizing the Agency's staff in connection with expertise of area Associations.
- \* Expand primary care program by providing more services for adolescent and adult males.
- \* Focus on new programs, both medical care and safety methods for the elderly.
- To enhance our marketing activities using present staff and forming new marketing committees utilizing outside resources.
- \* Conduct a case study to determine the relationship between mental illness and substance abuse to ascertain most effective method of care and most cost efficient.
- \* Promote citizen involvement in public health by education and generating public interest dealing with protection and improvement of community environmental health.

# **COMMUNITY HEALTH SERVICES**

Your Tuscarawas County Health Department's Home Health Care service rendered 11,205 visits to homes of residents of Tuscarawas County in 1988. These visits included the services of registered nurses, speech therapists, a physical therapist, home health aides, and homemaker-home health aides.

To be eligible for most home services, one must be under the care of a physician. Referrals may come from the physician, hospital, the family or the patient.

These home health services can allow some patients to remain living in their homes or apartments despite illness or disability. The services are frequently necessary for a short period of time following hospitalization.

The homemaker-home health aide service is one of the fastest growing elements of home health care today. Anyone can call in a referral for a need of these services and no doctor's order is needed for our agency to provide this help.

The home health aide can do personal care such as bathing or can do homemaking or home management tasks which can include light house cleaning, shopping, and laundry.

#### **Infant Visits**

County nurses do make home visits to infants at risk, usually during the first two months of life. This group of babies can include those needing extended hospitalization at birth, or babies of mothers who had difficult or abnormal pregnancies and deliveries.

# Childern Being Helped by Bureau of Children with Medical Handicaps

County nurses attempt to visit the nomes of these children one to two times yearly. The R.N.'s attempt to coordinate services in our county with the plan the children's physician has developed for treatment of the child. Our county has had between 80 to 100 children being assisted by the Bureau at most times during the 1980's. The Bureau is available to help families, financially, if they have a child under 21 who has a medical condition that is chronic or potentially handicapping.

### **School Health Nursing**

The County School Nursing Program is also provided by the Home Health and Outreach Services Division, providing services in seven (7) local school districts in 1988. A total of 378 school nursing visits were provided during the year. The nursing staff provides screening services such as hearing, vision and scoliosis (spinal curvature). Students needing treatment for hearing, vision or scoliosis related problems are referred to the

#### **HEALTH DEPARTMENT HOURS**

Monday through Friday 8:00 am to 4:00 pm (Extended clinic hours on Mondays)

#### **HEALTH DEPARTMENT LOCATION**

897 E. Iron Ave., Dover, Ohio 44622-0443

#### FOR INFORMATION OR AN APPOINTMENT

Call 343-5555 or 254-9371 (toll free)

#### SATELLITE CLINIC LOCATIONS

Periodically throughout the month in the following areas

Uhrichsville - 214 N. Main Street

Newcomerstown - Arrowhead Clinic, E. State Street

Sugarcreek - United Methodist Church, 208 N. Broadway

Carrollton - 331 W. Main Street

627-5891

Appointments are necessary

#### **HEALTH DEPARTMENT SERVICES SCHEDULE**

All services are at the main health department location unless otherwise indicated.

SERVICE	WHEN	ELIGIBILITY
Alcohol & Addiction	Mon Fri.	ALL
	Mon., Wed., Fri. Carrollton	ALL
Cardiac Clinic	Quarterly	Birth - 21 yrs.
Hearing (POD) Clinic	Quarterly	Birth - 21 yrs.
Orthopedic Clinic	Every other month	Birth - 21 yrs.
Immunizations	Wed. 8-2, Fri. 8-11	ALL
	Satellite Clinics (see above)	ALL
OB/GYN	Mon., Tues., Thurs.	Women
Well-Child	MonThurs.	ALL
	Uhrichsville &	ALL
	Newcomerstown, Satellite	
Family Dianning Olinia	Clinics (see above)	
Family Planning Clinic	MonFri.	ALL
Family Planning Counseling	Mon.	
Speech Therapy		ALL
Sexually Transmitted	Mon Fri.	ALL
Diseases	Mon Thurs.	A 1 1
Family Practitioner	Tues. 8-4 - Thurs. 8-12	ALL
Talling Tractitioner	Wed. 8-4	ALL
Tuberculin Test	Wed. 8-11, Fri. 12-3	ALL
Pregnancy Tests	8.4	
Allergy Injections	By Appointment	Suspected Preg.
Dental Clinic		ALL
	Mon., Wed., Fri.	ALL
Env. Health Permits	MonFri.	ALL
Env. Health Complaints	MonFri.	ALL
Vital Statistics	MonFri.	ALL
Health Education	MonFri.	ALL
MIC	MonFri.	Women &

#### **HEALTH EDUCATION**

The Tuscarawas County General Health Department Health Educator promotes awareness of disease prevention methods preventive medicine and wellness services within Tuscarawa County to individuals and groups of all ages. Public speaking engagements, media presentations and tours of the Health Department are available on a no-charge basis.

## "OUR CONCERN IS YOUR GOOD HEALTH"

Many people don't realize it, but if you live and breathe in Tuscarawas County you are a recipient of your Health Distric services.

Public Health consists of working through organized community effort to prevent disease, promote health and improve the quality of life for everyone. While a few aspects of public health deal with treatment of diseases or infirmity, the main thrust of a community Health Department is toward disease prevention and health promotion through appropriate persona and environmental health services to people.

Good public health services are aimed at helping each individual achieve the level of health which ailows him or her to reach his or her maximum potential. It is also clear tha community health serves everyone - whether or not one eve personally visits the Health Department. Through preventative services which exert a restraining effect on the cost of health care generally, public health services help you save your money while you save your health.

This report is intended to inform you of your Healtl Department's many services and we hope that it will assist you in getting the most out of your Health Department. Feel free to call us about any of these services. After all, they are fo everyone.



# VITAL STATISTICS

The Vital Statistics division of your Health Department maintains records of the births and deaths in Tuscarawas County since 1908. The attending physician or person in attendance at the time of birth files a certificate with the local registrar for each live birth occurring in the County. The funeral director is responsible for filing a certificate for each death occurring in the County.

Certified copies of birth and death certificates are available at the state-mandated charge of \$7.00 each. Two dollars of this fee goes to the State Child Abuse Fund. You may contact the Vital Statistics Registrar during regular Health Department hours. Your Health Department issued 5256 birth and death certificates in 1986. There were 704 births in Tuscarawas County during 1986.

The following data have been compiled from the original certificates of death.

Heart & Circulate 17 27	317 100 80	1987 311 122 45	1986 328 123 86
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**Nutrition Services** 

The Nutrition Staff provides instruction and consultation of a varied clientele. All persons referred by the clinic Family Practice Physicians, Nurse Practitioner and Private Physicians are given individual instruction by appointment. All clinic prenatals are instructed individually and in classes. The classes are available to anyone interested in participating.

Consultation is provided to the Tuscarawas County Jail and Headstart food services; plus the Family Planning program, Alcohol and Addiction Center, Community Health Service and School Health Nursing.

Public speaking engagements and media presentations are provided on a no-charge basis.

#### W.I.C.

The Women, Infants and Children's Program; a special health program funded by the U.S.D.A. and administered by the Ohio Department of Health and Tuscarawas County General Health District, helps correct nutrition related health problems pertaining to mothers and their children by providing nutritional assessments, supplemental foods and nutrition information.

Women must be pregnant, less than six months post-partum, or breastfeeding an infant less than one year old to be eligible. Children must be less than five years old. Eligibility is also based on medical/nutritional evaluation, economic needs and area of residence.

Average WIC Participants