

# What to Expect after Getting a COVID-19 Vaccine

## Tuscarawas County Health Department

COVID-19 vaccination will help protect you from getting COVID-19. You may have side effects, which are normal signs that your body is building protection.

Use your smartphone to tell the CDC about any side effects after getting the vaccine. You will also get reminders about your second dose.

Sign up for v-safe at:  
[www.cdc.gov/vsafe](http://www.cdc.gov/vsafe)

### Moderna COVID-19 Vaccine

Contact Us:  
(330)343-5555 x106  
Email: [eoc@tcdnow.org](mailto:eoc@tcdnow.org)  
[www.tchdnow.org](http://www.tchdnow.org)



**Public Health**  
Prevent. Promote. Protect.

Tuscarawas County Health Department

### Common Side Effects

- Pain and/or swelling at site of injection
- Fever
- Chills
- Muscle Aches
- Tiredness
- Headache

### Helpful Hints:

If you have pain or discomfort, talk to your doctor about taking an over-the-counter pain medicine, such as ibuprofen or acetaminophen.

- Apply a clean, cool, wet washcloth over the area
- Use or exercise your arm
- Drink plenty of fluids

### Remember:

- It takes time for your body to build protection after any vaccine. You will not be fully protected until 2 weeks after your second dose.
- You should continue to wear your facial covering, wash your hands often and practice social distancing.
- You should get the second shot even if you have side effects after the first one unless your doctor tells you not to get the second shot.

### Important Reminder

Your second dose is due 28 days or after your first dose.

**My second shot is due on:** \_\_\_\_\_

Please keep your **CDC Vaccination Record Card** and bring with you to your next appointment

*Tip: Take a picture of your card with your phone for your own records*