



**Public Health**  
Prevent. Promote. Protect.

Tuscarawas County  
Health Department

## COVID-19 Testing Capabilities

March 20, 2020

Even as commercial laboratories, such as Quest Diagnostic and LabCorp, have ramped up coronavirus testing, a new problem has emerged: a shortage of related materials needed to conduct the tests.

In addition to the material shortages, labs are already overrun with submissions. For example, what used to be an 8-12 hour turn around for COVID-19 tests is now 5-7 days. In Ohio, healthcare providers have been asked to reserve testing for the "most vulnerable patients".

At this point, you should not assume that you will be able to be tested unless your symptoms progress enough to require medical attention.

### **What should I do if I am sick and cannot be tested?**

Isolate yourself. This means you should stay home and keep a distance from other members of the household. Use a separate bathroom and sleeping area, if possible.


### **When can I return to work or leave my house?**



You can leave home after **ALL THREE** of these things have happened:



1. You have had **NO fever for at least 72 hours** without the use of medicine that reduces fevers; **AND**
2. Other **symptoms have improved** (example, cough and/or shortness of breath have improved); **AND**
3. At least **7 days have passed** since your symptoms first started

### **What if someone in my house is sick?**

Stay home and self-monitor for 14 days. Take your temperature 2 times per day and monitor for symptoms of cough, shortness of breath. If the person in your home recovers prior to the 14 days, you may leave your home. Continue social distancing and monitor for signs and symptoms for the full 14 days.

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