



Public Health
Prevent. Promote. Protect.

Tuscarawas County
Health Department

COVID-19 QUARANTINE ATTESTATION

Centers for Disease Control and Prevention (CDC) Guidance for COVID-19 exposures:

Who is considered a close contact?

- Individual who has had close contact (within 6 feet for a total of 15 minutes or more in a 24 hour period), direct physical contact, or caregivers for those who have tested positive for COVID-19 while they were symptomatic or in the 48 hours prior to symptom onset

Recommended Precautions:

- **Stay home until 14 days after last exposure and maintain social distance (at least 6 feet) from others at all times**
- Self-monitor for symptoms
- Check temperature twice a day
- Watch for COVID-19 symptoms such as cough, fever, loss of sense of smell or taste, muscle aches, nausea/vomiting, diarrhea
- Avoid contact with people at higher risk for severe illness from COVID-19
- Call the Tuscarawas County Health Department at 330-343-5555 x106, x122, x110 if you develop symptoms

As of November 12, 2020, COVID-19 spread is EXCEPTIONALLY HIGH in Tuscarawas County. Due to this, the Health Department is prioritizing case investigation and is currently unable to make contact notifications. Contacts are encouraged to utilize this document as an attestation form for those who have been notified by COVID-19 cases that they are indeed a contact who needs to quarantine.

Attestation:

I, _____, attest that I was contacted by a COVID-19 case and I meet the CDC definition of a close contact as outlined above.

Date of last contact with COVID-19 case: _____

Recommended date to quarantine through (2 weeks from date above): _____

Signature: _____ Date: _____

