



**Public Health**  
Prevent. Promote. Protect.

Tuscarawas County  
Health Department

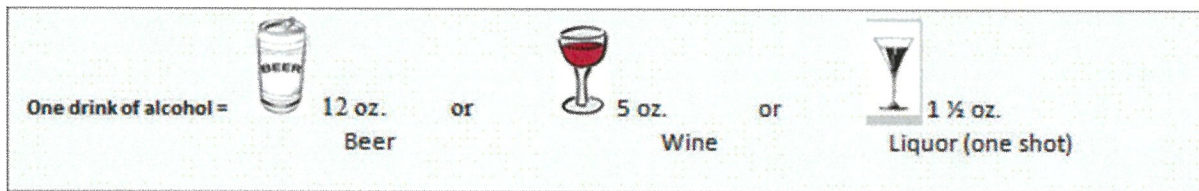
## Annual Questionnaire

Date: \_\_\_\_\_ Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

In order to provide you with the best health care and to reduce the risk of harmful prescription drug interaction, please answer the following questions concerning your use of alcohol and other drugs and your mood. Your answers will be kept confidential. Thank you for your cooperation.

**Instructions:** Please mark one response for each question.

(Form is Front and Back)




1. **For FEMALES:** How many **TIMES** in the past year have you had 4 or more drinks in a day?


- a. None = 0
- b. 1 or more **TIMES** = 1

1. **For MALES:** How many **TIMES** in the past year have you had 5 or more drinks in a day?

- a. None = 0
- b. 1 or more **TIMES** = 1

**(Score = 1, do full screen for alcohol.)**

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Drugs: Recreational drugs include methamphetamines (speed, crystal), cannabis (marijuana, pot), inhalants (paint thinner, aerosol, glue), tranquilizers (Valium), barbiturates, cocaine, ecstasy, hallucinogens (LSD, mushrooms), or narcotics (heroin).

2. How many **TIMES** in the past year have you used a recreational drug or used a prescription medication for nonmedical reasons?

- a. None = **0**
- b. 1 or more **TIMES** = **1**

**(Score = 1, do full screen for alcohol.)**

**Over the past 2 WEEKS** how often have you been bothered by any of the following problems?

3. Little interest or pleasure in doing things

- a. Not at all = **0**
- b. Several days = **1**
- a. More than half the days = **2**
- b. Nearly every day = **3**

4. Little interest or pleasure in doing things

- a. Not at all = **0**
- b. Several days = **1**
- a. More than half the days = **2**
- b. Nearly every day = **3**

**(Score ≥ 3, do full screen for depression.)**

Reference: Question 1 NIAAA, SBIRT Oregon; Question 2 modified NIDA Quick Screen V1.0 adapted from Saitz et al, SBIRT Oregon; Questions 3-4 modified PHQ-2 © 1999 Pfizer Inc. All rights reserved. Used with permission.



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# Reproductive Health Life Plan

Name (Print): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Do you think you might like to have (more) children at some point?

\_\_\_\_ Yes

\_\_\_\_ Not Sure

\_\_\_\_ No



When do you think that might be?

\_\_\_\_ Now or trying for some time

\_\_\_\_ Not now or not anytime soon

How important is it to you to prevent pregnancy (until then)?

\_\_\_\_ Not as important

\_\_\_\_ Important



Would you like to talk about birth control options?

\_\_\_\_ Yes

\_\_\_\_ No

How did you hear about TCHD's Reproductive Health Program? \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

OVER



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Adolescent Clients: 18 years old and younger:

Sexual Coercion is when you are engaging in an unwanted sexual activity through physical force, threat of physical force, or emotional manipulation. You may feel it is easier to consent to the sexual activity than decline or you may feel you do not have a choice. Is this happening to you? \_\_\_\_\_

If you are under 18 and currently sexually active, what is the age of your partner? \_\_\_\_\_

\_\_\_\_ I do not wish to answer this question

TCHD encourages adolescents to speak to your parent/guardian about sexual activity and reproductive health decisions. Open communication is healthy, may provide support and problem-solving ideas, promote trust and opens the door to future communication. If you need more information on how to begin this discussion, let your provider know.


**Healthy Relationships include the following:**

Communication    Respect    Honesty    Dependability    Empathy (compassion, appreciation)  
Interdependence    Purpose

**Safe Sex Basics**

Research Birth Control Options	Get tested for STD's	Use protection (condom) every time for all sexual encounters	Talk to your partner ab out your decision to practice safe sex. And about being tested for STD's	Abstain from sex: this is the only way to be 100% sure you will prevent an unplanned pregnancy or an STD
Limit your number of partners	Have one partner	Do not use a douche or vaginal wash as they can remove healthy bacteria that could help prevent infection	Use a lubricant as condoms can tear or rip. Lubricants can also prevent skin tearing during sex. Do not use oil-based lubricants	Be proactive with your sexual health

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